

Results Irish Life Health Munster Schools T&F CIT Track 18th May 2019

Senior Boys

100m

(2.3m/s)

1	Morey, Conor	PBC Cork	10.55	Rec
2	Doyle, Colin	Col an Spioraid Naomh	10.74	
3	O'Leary, Ryan	Col Chriost Rí	11.05	
4	Griffin, Cillian	Mercy Mount Hawk	11.06	
5	Oyebanji, Basit	Mercy Mount Hawk	11.16	
6	Buenventura, Ciaran	St Augustines	11.59	
7	Villanyi, Gergo	St Augustines	12.05	

200m

(0.7m/s)

1	Doyle, Colin	Col an Spioraid Naomh	21.80	Rec
2	O'Leary, Ryan	Col Chriost Rí	22.37	
3	Griffin, Cillian	Mercy Mount Hawk	22.43	
4	Oyebanji, Basit	Mercy Mount Hawk	22.64	
5	Hickey, Jack	CBS Thurles	23.57	
6	Twomey, Robert	CBC Cork	24.05	

400m

1	Aherne, Shane	Rochestown College	49.58
2	Moloney, Ciaran	CBS Thurles	50.09
3	Jones, Marc	Col Muire Cobh	52.19
4	Randles, Gary	PS Inbhearsceine Kenmare	52.55

800m

1	Deasy, Ben	St Flannans	2:00.12
2	O'Connor, Jack	Col Chriost Rí	2:02.19
3	Redmond, Eoin	Kinsale CS	2:03.12
4	McLaughlin, Dylan	CBS Thurles	2:06.27
5	Daly, Joseph	Davis College	2:09.51
6	Doherty, Kelan	De La Salle College Waterford	2:23.14

1500m

1	McElhinney, Darragh	Col Pobail Bantry	3:49.42	Rec
2	Connolly, Tommy	CBC Cork	4:04.57	
3	Kenny, Gavin	Hamilton HS Bandon	4:11.85	
4	Rogers, Aedan	Newtown School	4:14.41	
5	Bagge, Jake	Ardscoil na Mara	4:21.89	
6	Lynch, Darragh	Tralee CBS	4:25.52	
7	Keane, Ben	St. Declans Kilmacthomas	4:33.85	
8	Holian, Patrick	John The Baptist C S	4:44.88	

5000m

1	McCarthy, Jake	Pobalscoil na Trionoide	15:58.71
2	O'Leary, Nathan	Bishopstown CS	16:04.50
3	O'Riordan, Cian	CBS Dungarvan	16:21.42
4	Spillane, Oisín	Mercy Mount Hawk	16:34.53
5	O'Flaitheartaigh, Naoise	Hamilton HS Bandon	17:05.07
6	Kelly, Jamie	St Patrick's C S Shannon	17:12.98
7	Hand, Kieran	Carrigaline C.S	18:11.66
8	O'Brien, Craig	De La Salle College Waterford	18:12.84

110m Hurdles (0.99m)

(2.5m/s)

1	McEvoy, Joseph	St Anne's C C Killaloe	15.17
2	Minitier, Darragh	CBS Ennistymon	15.62
3	Villanyi, Gergo	St Augustines	20.17
4	Manzo, Loris	Carrigaline C.S	20.79

2000m S/C

1	O'Brien, Frank	Midleton CBS	6:22.14
2	Kenny, Gavin	Hamilton HS Bandon	6:30.96
3	O'Brien, Fergus	Gaelcholáiste Phort Láirge	6:38.01
4	O'Leary, Darragh	St Brendans Killarney	7:03.44

3K Walk

1	Coleman, Conor	St Augustines	21:02.72
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400m Hurdles (0.914m)

1	Vermeer, Jake	Comeragh College	58.21
2	Clothier, Rory	Castletroy College	1:00.09
3	Malik, Aaron	Mercy Mount Hawk	1:02.79
4	Maher, Eoin	Abbey CC	1:05.63
5	Manzo, Loris	Carrigaline C.S	1:08.98

4x100m Relay

1	Mercy Mount Hawk	43.25
2	PBC Cork	43.69
3	Col Christó Rí	46.03
4	St Augustines	46.73

4x400m Relay

1	CBS Thurles	3:36.69
2	Mercy Mount Hawk	3:41.26
3	St Brendans Killarney	3:41.73
4	Col Christó Rí	3:50.79

Discus (1.75kg)

1	Mockler, Sean	CBS Thurles	43.57
2	Ryan, Jack	CBS Thurles	40.28
3	Lynch, Brian	Col an Spioraid Naomh	36.93
4	Kirkby, James	Bandon Grammar School	35.36
5	Malik, Aaron	Mercy Mount Hawk	32.87
6	Duggan, Ryan	Col Christó Rí	31.45

High Jump

1	McEvoy, Joseph	St Anne's C C Killaloe	1.90
2	Courtney, Darragh	Mercy Mount Hawk	1.85
3	Buenaventura, Ciaran	St Augustines	1.85
4	Donovan, Ben	Midleton College	1.80
5	Greene, Daniel	St Michael's Kilmihil	1.80
6	Sullivan, Evan	Newtown School	1.75

Hammer (6kg)

1	Mockler, Sean	CBS Thurles	62.28
2	O'Callaghan, Pdraig	Col Christó Rí	51.72
3	Farrell, Cormac	De La Salle College Waterford	39.20
4	Cadigan, Jim	Mercy Mount Hawk	17.80
5	Enerwen, Benny	Bishopstown CS	13.09

Javelin (800g)

1	Scanlon, Cathal	St. Declans Kilmacthomas	46.54
2	Halton, Phillip	Kinsale CS	38.43
3	Chambers, Tristan	St Brogans Bandon	34.40
4	Chambers, Dylan	St Brogans Bandon	32.75

Long Jump

1	Minitier, Darragh	CBS Ennistymon	6.40
2	Carolan, Sean	St Mary's S S Newport	6.38
3	O'Carroll, Luke	Mercy Mount Hawk	6.35
4	Sivakumar, Wymin	Col an Spioraid Naomh	6.30
5	Hurley, Daniel	PBC Cork	6.25
6	Costello, Jake	Comeragh College	6.19
7	Alamu, Emmanuel	Midleton CBS	5.86

Pole Vault

1	Harty, Diarmuid	St Augustines	3.60
2	Fitzgerald, Patrick	St Augustines	3.40

Shot Put (6kg)

1	Ryan, Jack	CBS Thurles	13.10
2	Carolan, Sean	St Mary's S S Newport	12.50

3	Randles, Gary	PS Inbhearsceine Kenmare	11.40
4	O'Callaghan, Pdraig	Col Chriost Rí	11.07
5	Halton, Phillip	Kinsale CS	10.33
Triple Jump			
1	Sivakumar, Wymin	Col an Spioraid Naomh	13.81
2	Tony, Michael	Colaiste Ide agus Iosef	12.68
3	O'Carroll, Luke	Mercy Mount Hawk	12.32
4	Dooley, Adam	Coláiste Phobal Ros Cré	11.76
5	Olaseinde, Yinka	Ashton	11.67
6	Rafolowski, Robert	Pobalscoil na Trionoide	9.59

Senior Girls

100m

(3.0m/s)

1	O'Reilly, Orla	Mercy Mount Hawk	12.16
2	Foley, Niamh	SMI Newcastlewest	12.31
3	Edwards, Kate	Ashton	14.55

200m

(2.8m/s)

1	O'Reilly, Orla	Mercy Mount Hawk	25.00
2	Foley, Niamh	SMI Newcastlewest	25.58
3	Fitzgerald, Roseann	Gaelcholaiste Cheitinn	25.83
4	Bergin, Katie	Pres Thurles	26.72

400m

1	Fitzgerald, Roseann	Gaelcholaiste Cheitinn	59.43
2	Doyle, Fiona	Intermediate Sc Killorglin	59.93
3	Russell, Annie	Castletroy College	1:00.59
4	Sweeney, Emily	Skibbereen C.S	1:09.81

800m

1	Keane, Jo	St Flannans	2:18.50
2	Holmes, Lucy	Ard Scoil na nDeise	2:21.42
3	Jackman, Sophie	Yeats College	2:22.35
4	Napier, Cailin	Pres Clonmel	2:31.23
5	Kelleher, Áine	Davis College	2:56.88

1500m

1	Ramasawmy, Tara	Ursuline Waterford	5:05.71
2	O'Connor, Alyce	PS Inbhearsceine Kenmare	5:06.66
3	Moran, Eleln	Mount Mercy Cork	5:07.83

3000m

1	Nicholson, Laura	Bandon Grammar School	9:45.97	Rec
2	Healy, Laura	St Flannans	10:50.82	
3	Caulfield, Emma	Ursuline Waterford	10:58.63	
4	Muldowney, Tamzin	St Marys Midleton	11:16.11	
5	Landers, Sarah	Blackwater CS	12:45.10	

100m Hurdles (0.84m)

(0.7m/s)

1	Mangold, Debbie	Pres Thurles	19.44
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1500m S/C

1	Randles, Rhona	PS Inbhearsceine Kenmare	5:27.00
2	Hickey, Kate	Ard Scoil na nDeise	5:48.11
3	Kelleher, Aine	Davis College	6:37.13
4	Burke, Hannah	Ursuline Waterford	6:51.95

3K Walk

1	Constant, Sarah	St Vincents Cork	20:21.03
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400m Hurdles (0.762m)

1	Daly, Miriam	Scoil Mhuire Carrick	1:03.74
2	Rochford, Ellie	Coláiste Muire Ennis	1:10.32

4x100m Relay

1	Mount Mercy Cork	54.21
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4x300m Relay

1	Mercy Mount Hawk		2:54.69	Rec
Discus (1kg)				
1	Quain, Martha	Col an Chroi Naofa	36.24	
2	Ní-Bhriain, Lia	Col an Phiarsaigh	28.66	
3	Benson, Shanice	St Flannans	25.57	
4	Hennessey, Siobhan	Pres Thurles	23.86	
5	Fitzgerald, Abbey	Col Muire Crosshaven	19.22	
High Jump				
1	Heinan, Kylie	St. Declans Kilmacthomas	1.65	
2	Kenneally, Ciara	St Brigids Killarney	1.65	
3	Murphy, Hannah	Regina Mundi	1.60	
4	Doyle, Fiona	Intermediate Sc Killorglin	1.55	
Hammer (4kg)				
1	Cronin, Leanne	Brookfield College	33.96	
2	Myers, Emily	Waterpark College	32.89	
3	Hennessey, Fiona	Pres Thurles	23.61	
Javelin (600g)				
1	Moynihan, Katie	Gaelcholaiste Mhuire AG	40.55	
2	Daly, Meabh	Gaelcholaiste Mhuire AG	31.44	
3	Fitzgerald, Abby	Col Muire Crosshaven	26.35	
4	Barrett, Kerry	Pobalscoil na Trionoide	18.79	
Long Jump				
1	Meredith, Sophie	SMI Newcastlewest	5.61	
2	Cassidy, Aisling	Bandon Grammar School	5.38	
3	O'Mahony, Emily	St Augustines	5.07	
4	Ní-Bhriain, Lia	Col an Phiarsaigh	4.90	
5	Bergin, Katie	Pres Thurles	4.81	
6	Lynch, Rachel	Col Choilm Ballincollig	4.02	
Pole Vault				
1	Coffey, Emma	St Angelas Cork	2.95	
Shot Put (4kg)				
1	Benson, Shanice	St Flannans	9.52	
2	Hennessey, Fiona	Pres Thurles	9.28	
Triple Jump				
1	Cassidy, Aisling	Bandon Grammar School	11.32	
2	O'Mahony, Emily	St Augustines	10.85	
3	Ryan, Shauna	Crescent College Comp SJ	10.26	

Intermediate Boys

100m				
(0.5m/s)				
1	Shalemba, Mervyn	Mercy Mount Hawk	11.05	
2	Lawal, Diro	Castletroy College	11.06	
3	Wenegiene, Glory	Col Muire Crosshaven	11.47	
4	Judd, Sam	St Colmans Middleton	11.53	
5	Murphy, Colin	Col Muire Crosshaven	11.83	
6	Doyle, Lewis	St. Josephs Borriosleigh	11.84	
7	Collin, Jordan	Our Ladys Templemore	11.92	
200m				
(2.7m/s)				
1	Lawal, Diro	Castletroy College	22.17	
2	Shalemba, Mervyn	Mercy Mount Hawk	22.31	
3	Wenegiene, Glory	Col Muire Crosshaven	22.91	
4	Ezeonu-Excel, James	Middleton College	23.21	
5	Judd, Sam	St Colmans Middleton	23.48	
6	Dooley, Kyle	Coláiste Phobal Ros Cré	23.60	
7	Doyle, Lewis	St. Josephs Borriosleigh	23.69	
400m				
1	Prendeville, Rory	John The Baptist C S	51.79	
2	O'Connor, Jack	Ardscail Rís	52.09	

3	Ryan, Jack	Our Ladys Templemore	52.86
4	Callanan, Aaron	St Aidans CC	54.59
5	Breathnach, Darragh	Gaelcholaiste Mhuire AG	58.83
800m			
1	Collins, Ted	Glenstal Abbey School	1:59.20
2	Hurley, Callum	Ardscoil na Mara	1:59.34
3	Prenderville, Rory	John The Baptist C S	2:00.85
4	O'Carroll, Kelvin	Ardscoil Rís	2:03.54
5	Falvey, Ruari	Bandon Grammar School	2:07.62
6	Gaffney, Charley	Col Chriost Rí	2:11.39
7	O'Connell, Sean	CBC Cork	2:12.07
8	O'Connor, Mark	Col Chriost Rí	2:18.34
1500m			
1	Mary, Matteo	St. Declans Kilmacthomas	4:09.11
2	Griffin, Luke	St Flannans	4:12.47
3	Harrington, Fionn	St Brogans Bandon	4:13.29
4	Casey, Dylan	St Flannans	4:16.37
5	Homa, Hubert	De La Salle College Waterford	4:24.77
6	Collins, Ted	Glenstal Abbey School	4:26.97
7	Fogarty, Emmet	CBS Thurles	4:32.92
8	Falvey, Ruari	Bandon Grammar School	4:47.50
9	Horgan, Christopher	SMGS Blarney	4:54.17
3000m			
1	Hanrahan, Mark	St Flannans	9:12.64
2	Casey, Dean	St Flannans	9:16.16
3	Hever, Luke	Patrician Academy Mallow	9:43.49
4	O'Ceallaigh, Pdraigh	Col an Phiarsaigh	10:02.03
5	O'Meara, Jack	CBS Thurles	10:09.86
6	O'Leary, George	Glenstal Abbey School	10:20.75
7	McNamee, Ciaran	St Colmans Middleton	10:24.26
100m Hurdles (0.914m)			
(1.7m/s)			
1	Sage, James	St. Josephs Borriosleigh	14.29
2	Schoeman, Armand	Colaiste Mhuire Co-Ed Thurles	14.42
3	Equaibor, Justin	Bishopstown CS	14.72
4	Ezeonu-Excel, James	Middleton College	14.75
1500m S/C			
1	Harrington, Fionn	St Brogans Bandon	4:41.64
2	Von-Klitzing, Kasimir	Bandon Grammar School	5:11.05
3	O'Reilly, Michael	PS Inbhearsceine Kenmare	5:13.20
4	Varadi, Marty	Our Ladys Templemore	5:32.45
5	Flaherty, Conor	High School Clonmel	5:32.50
2K Walk			
1	O'Muirthile, Ciaran	Gaelcholaiste Mhuire AG	10:03.73
2	McConway, Noah	St Flannans	11:08.39
400m Hurdles (0.84m)			
1	Nevin, Harry	Rochestown College	57.94
2	McCarthy, Dean	Nagle CC Mahon	1:05.00
3	Kelleher, Alan	Col Pobail Bantry	1:07.98
4	Hassett, Pdraic	Glenstal Abbey School	1:12.59
5	Coady, Dylan	Colaiste Mhuire Co-Ed Thurles	1:18.74
4x100m Relay			
1	St. Josephs Borriosleigh		46.40
2	Castletroy College		46.45
3	Our Ladys Templemore		46.82
4	Ardscoil Rís		47.19
5	Col Chriost Rí		47.35
Discus (1.5kg)			
1	Carroll, Ricky	St Colmans Fermoy	34.78
2	Riordan, Sean	Col an Phiarsaigh	32.29
3	Mullarkey, Sean	CBS Dungarvan	32.28
4	Bamidele, Joseph	Nagle CC Mahon	29.02

5	Griffin, Darren	Tralee CBS	24.96
6	Bowdren, Mahon	St. Declans Kilmacthomas	24.71
7	Hadyn, Adam	St Augustines	22.60
High Jump			
1	McCarthy, Dean	Nagle CC Mahon	1.70
2	O'Leary, Liam	Pobalscoil na Trionoide	1.65
3	Buenaventura, Eoin	St Augustines	1.65
4	Kelleher, Alan	Col Pobail Bantry	1.55
4	McCarthy, Ciaran	Hamilton HS Bandon	1.55
6	Queally, Peter	Glenstal Abbey School	1.45
Hammer (5kg)			
1	Carroll, Ricky	St Colmans Fermoy	38.45
2	Varnele, Azuolas	Colaiste Mhuire Co-Ed Thurles	36.08
3	McConway, Noah	St Flannans	33.77
4	Naughton, Sean	PBC Cork	33.38
5	Bergin, Liam	Our Ladys Templemore	19.69
Javelin (700g)			
1	Cullen, Jack	Hamilton HS Bandon	44.45
2	Hallahan, Max	Hamilton HS Bandon	43.05
3	Ivory, Joe	Col Mhuire Buttevant	42.22
4	McEvoy, Jack	St Anne's C C Killaloe	35.63
5	Murphy, Darragh	Mercy Mount Hawk	33.72
6	Scanlon, Aaron	Blackwater CS	29.26
7	Ryans, Lorcan	John The Baptist C S	22.80
8	Browne, Adam	Waterpark College	22.09
Long Jump			
1	Turner, Adam	Col Chriost Rí	6.33
2	Carroll, Mark	CBS Nenagh	6.06
3	Kelly, Danny	Carrigaline C.S	5.91
4	Sage, James	St. Josephs Borriosleigh	5.70
5	Kirschner, Sean	John The Baptist C S	4.79
Pole Vault			
1	O'Dwyer, Adam	CBS Thurles	4.00
2	Buenaventura, Eoin	St Augustines	3.00
3	Dunford, S	St Augustines	2.40
Shot Put (5kg)			
1	Mullarkey, Sean	CBS Dungarvan	11.15
2	Riordan, Sean	Col an Phiarsaigh	10.75
3	Ojlekhude, Donal	Nagle CC Mahon	10.20
4	Bamidele, Joseph	Nagle CC Mahon	10.01
5	Ryans, Lorcan	John The Baptist C S	9.72
Triple Jump			
1	Turner, Adam	Col Chriost Rí	13.35
2	Ryan, Dillon	CBS Thurles	12.83
3	Onwuniwe, David	St Flannans	11.89
4	Ede, Toriste	Coláiste Chiarain	11.80
5	Cullen, Jack	Hamilton HS Bandon	11.38
6	Pearce, Ronan	Tralee CBS	11.00

U16 Boys

Mile			
1	Kiely, Adam	CBC Cork	4:37.10
2	Burke, Aidan	De La Salle College Waterford	4:41.35
3	Murray, Oisín	Gaelcholaiste Chiarrai	4:45.02
4	Harrington, Ruairi	St Brogans Bandon	4:52.20
5	Fares, Fou Fou	North Monastery	4:53.98
6	O'Shea, Stephen	Col Chriost Rí	5:02.20
7	Moloney, Jamie	CBS Nenagh	5:21.73
8	O'Connor, Ben	Col Chriost Rí	5:37.24

Intermediate Girls

100m

(1.0m/s)

1	Sleeman, Lucy	Col Choilm Ballincollig	12.40
2	Cashmen, Ava	Christ King Cork	12.61
3	McCourt, Lauren	Bandon Grammar School	12.70
4	Dickson, Sally	Crescent College Comp SJ	12.87
5	Gillman, Marion	Ursuline Thurles	12.97
6	Jagielska, Jessica	St Flannans	13.29
7	Power, Caoimhe	Scoil Mhuire Carrick	13.61

200m

(-0.1m/s)

1	McCourt, Lauren	Bandon Grammar School	25.52
2	Falvey, Rebecca	Mercy Mount Hawk	26.36
3	Hurley, Ella	Ursuline Blackrock	26.39
4	Cashman, Eva	Christ King Cork	26.60
5	O'Meara, Emma	Ursuline Thurles	28.64
6	Walsh, Rion	Pobalscoil na Trionoide	28.83
7	Hayes, Laura	Borrisokane CC	28.90

300m

1	O'Neill, Meabh	MICC Dunmanway	41.03
2	Komolafe, Stacey	Bandon Grammar School	41.58
3	Pike, Ellie	Rice College Ennis	44.82

800m

1	Hayde, Aimee	St Mary's S S Newport	2:07.74	Rec
2	Lane, Sarah	St Anne's C C Killaloe	2:18.18	
3	Morrisson, Sarah	Loreto Fermoy	2:20.78	
4	Hughes, Gillian	Loreto Clonmel	2:26.17	
5	Fanning, Anna	Ursuline Waterford	2:31.17	
6	O'Sullivan, Eimear	Presentation Tralee	2:32.35	

1500m

1	Hayde, Aimee	St Mary's S S Newport	4:56.53
2	O'Neill, Meabh	MICC Dunmanway	4:59.25
3	Cashman, Avril	Pobalscoil na Trionoide	4:59.52
4	Morrisson, Sarah	Loreto Fermoy	4:59.83
5	Holmes, Patrice	Col Choilm Ballincollig	5:08.86
6	Duffin, Anna	Ursuline Waterford	5:11.53
7	Hughes, Keela	Mercy Mount Hawk	6:06.74

3000m

1	O'Mahony, Niamh	Presentation Tralee	10:19.88
2	O'Keefe, Lucy	St Marys Middleton	10:45.60
3	Whelan, Siobhan	Rockwell College	10:46.07
4	McCarthy, Shauna	Killorglin CC	10:52.80
5	Cooney, Laura	Pres Clonmel	11:02.10
6	O'Sullivan, Eimear	Presentation Tralee	11:11.41
7	Lawton, Aoibhinn	Scoil Mhuire Ballingearry	11:30.63

1500m S/C

1	Cashman, Avril	Pobalscoil na Trionoide	5:40.69
2	Borkowska-Hogan, Aniela	St Marys Mallow	5:47.28
3	Cotter, Caoimhe	Scoil Mhuire Ballingearry	7:02.31

2K Walk

1	O'Connor, Meadbh	Waterpark College	10:31.98
2	Guerrero, Natalia	Bandon Grammar School	11:07.44
3	O'Reilly, Aoife	PS Inbhearsceine Kenmare	11:16.28
4	DeFaoite, Ava	PS Inbhearsceine Kenmare	11:29.39

300m Hurdles (0.762m)

1	O'Shea, Lorna	Scoil Mhuire Carrick	45.30
2	Wall, Emily	Col Choilm Ballincollig	45.79
3	Komolafe, Stacey	Bandon Grammar School	45.81

4	Looney, Molly	St Anne's C C Killaloe	50.08	
5	De Faoite, Muireann	PS Inbhearsceine Kenmare	50.79	
6	Monahan, Clodagh	Waterpark College	50.94	
7	Adedeja, Oyinkan	Coláiste Chiarain	57.34	
4x100m Relay				
1	Bandon Grammar School		50.67	
2	Col Choilm Ballincollig		51.68	
3	Ursuline Waterford		51.69	
4	Ursuline Thurles		52.40	
5	Scoil Mhuire Carrick		52.62	
6	St Flannans		53.58	
80m Hurdles (0.762m)				
(3.4m/s)				
1	Ugwueru, Chisom	St Flannans	11.87	
2	Frawley, Laura	St Marys Charleville	11.97	
3	Sleeman, Lucy	Col Choilm Ballincollig	12.00	
4	Wall, Emily	Col Choilm Ballincollig	12.01	
5	Vermeer, Lynn	Scoil Mhuire Carrick	12.29	
6	Igwe, Paula	Ursuline Waterford	12.32	
7	Adedeja, Oyinkan	Coláiste Chiarain	12.34	
Discus (1kg)				
1	Lenihan, Megan	Hazelwood College	36.68	
2	Alamu, Blessing	St Marys Midleton	31.05	
3	Reid, Katelyn	Pobalscoil Chorca Dhuibhne	25.39	
4	Littlejohn, Abby	PS Inbhearsceine Kenmare	24.80	
5	Foley, Siofra	St Brigids Killarney	24.13	
6	Griffin, Maeve	Blackwater CS	20.33	
High Jump				
1	O'Sullivan, Aoife	St Marys Mallow	1.68	
2	Kennedy, Caitlin	John The Baptist C S	1.60	
2	Nolke, Katie	Ursuline Waterford	1.60	
Hammer (3kg)				
1	Tuthill, Nicola	Col na Toibhirte Bandon	57.06	Rec
2	Sheehy, Ciara	St Marys Charleville	53.51	
3	O'Keeffe, Natasha	Davis College	29.30	
4	Whelan, T.	St Augustines	21.12	
Javelin (500g)				
1	Healy, Leanne	Coláiste Muire Ennis	37.99	
2	Reid, Katelyn	Pobalscoil Chorca Dhuibhne	33.24	
3	Moynihan, Helen	Gaelcholaiste Mhuire AG	31.46	
4	Whelan, Amy	Col Mhuire Buttevant	31.15	
5	Littlejohn, Abby	PS Inbhearsceine Kenmare	29.53	
6	Deasy, Hannah	Borrisokane CC	17.48	
Long Jump				
1	Frawley, Laura	St Marys Charleville	5.42	
2	Falvey, Rebecca	Mercy Mount Hawk	5.11	
3	Nolke, Katie	Ursuline Waterford	5.09	
4	O'Shea, Lorna	Scoil Mhuire Carrick	5.01	
5	Igwe, Paula	Ursuline Waterford	4.92	
Pole Vault				
1	Coffey, Orla	St Angelas Cork	3.40	Rec
2	Ryan, Anna	Ursuline Thurles	3.25	
3	Brice, Una	Mount Mercy Cork	3.10	
4	Buckley, Sara-Zia	Ballincollig Community School	2.65	
5	Kelly, Alannah	St Augustines	2.50	
Shot Put (3kg)				
1	Sheehy, Ciara	St Marys Charleville	14.76	Rec
2	Lenihan, Megan	Hazelwood College	13.22	
3	Umeh, Holly	Christ King Cork	12.60	
4	Ryan, Anna	Ursuline Thurles	12.37	
5	Alamu, Blessing	St Marys Midleton	11.81	
6	Nwaigwe, Angel	Coláiste Muire Ennis	10.37	

7	Ojulari, Sammie	St Flannans	8.88
8	Caron, Jess	Loreto Clonmel	8.66
Triple Jump			
1	Ugwueru, Chisom	St Flannans	10.74
2	Onoh, Orla	Ashton	10.13
3	O'Shea, Rachel	Scoil Mhuire Carrick	10.08
4	Connon, Georgia	Pobalscoil na Trionoide	9.20
5	Hilvering, Marieke	Scariff C C	9.09
1	Healy, Leanne	Coláiste Muire Ennis	37.99
2	Reid, Katelyn	Pobalscoil Chorca Dhuibhne	33.24
5	Littlejohn, Abby	PS Inbhearsceine Kenmare	29.53
6	Deasy, Hannah	Borrisokane CC	17.48

U16Girls

Mile

U16 Girls

1	O'Neil, Ailbhe	St Marys Nenagh	5:17.97	Rec
2	Carroll, Holly	SMGS Blarney	5:25.77	
3	Ni Lachtanin, Roise	Coláiste Muire Ennis	6:02.39	
4	Buckley, Robyn	Pobalscoil na Trionoide	6:15.58	

Junior Boys

100m

(2.3m/s)

1	Opuoru, Efe	St Flannans	12.03
2	Dobrovoski, Marek	Waterpark College	12.25
3	Looney, Darragh	St Brendans Killarney	12.47
4	Ettol, Kyle	Col an Chraoibhin	12.54

200m

(2.2m/s)

1	O'Connor, John	St Patricks S S Castleisland	23.50
2	McCarthy, Karl	St Brendans Killarney	24.50
3	Cook, Bobby	SMGS Blarney	24.74
4	McCutcheon, Tom	St. Josephs Borriosleigh	24.79
5	Dorgan, Cian	Ashton	25.32
6	O'Connell, Louis	St Michael's Listowel	25.64

800m

1	Davidson, Mark	CBS Thurles	2:12.79
2	O'Boyle, Cian	St Flannans	2:13.75
3	Whyte, Oisin	Col Chriost Rí	2:15.13
4	Walsh, Tom	CBS Nenagh	2:15.22
5	O'Gara, Cian	Mercy Mount Hawk	2:32.97

1500m

1	Connolly, Tadhg	Abbey CC	4:24.66
2	Spillane, Cian	Pres Milltown	4:26.95
3	Murphy, Níall	St Flannans	4:29.26
4	O'Riordan, Cian	Carrigtwohill CC	4:38.92
5	Whyte, Oisin	Col Chriost Rí	4:39.34
6	Fennell, Tommy	St Augustines	4:41.14
7	Hodgins, Cian	CBS Nenagh	4:43.81
8	Ceileachair, Finn	Gael Cholaiste an Chlar / Ennis C C	4:43.93

1.2K Walk

1	O'Sullivan, Sam	Rockwell College	6:17.24
2	McLaughlin, Aaron	CBS Thurles	6:46.66
3	Hawkins, Timmy	Rochestown College	7:23.78

4x100m Relay

1	St Brendans Killarney		49.20
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2	Coláiste Phobal Ros Cré	50.23		
3	Coláiste Chiaráin B	50.44		
4	Ashton	51.46		
5	St Peters Passage West	53.91		
80m Hurdles (0.84m)				
(2.8m/s)				
1	Callinan, Conor	Col an Chroi Naofa	11.33	
2	Carmody, Sean	CBC Cork	12.73	
3	Said, Yasin	St Brendans Killarney	13.41	
Discus (1kg)				
1	Connolly, Tadgh	Abbey CC	42.77	
2	Mularkey, Paul	CBS Dungarvan	27.33	
3	McCarthy, Pdraig	St Michael's Listowel	23.97	
4	McLean, Dinny	Carrigwohill CC	18.43	
5	Cotter, Cillian	Charleville CBS	18.28	
High Jump				
1	Joy O'Regan, Geoffrey	John The Baptist C S	1.90	Rec
2	Kavanagh, Sean	St Colmans Middleton	1.75	
3	O'Leary, Conor	Pobalscoil na Trionoide	1.60	
4	Dorgan, Cian	Ashton	1.55	
5	Bergin, Killian	Coláiste Phobal Ros Cré	1.55	
6	Buchanan, Alex	Pobalscoil Chorca Dhuibhne	1.45	
Hammer (4kg)				
1	O' Neill, Emmet	Abbey CC	27.98	
2	Stephens, Ryan	Gaelcholáiste Phort Láirge	26.81	
3	McLean, Dinny	Carrigwohill CC	22.53	
Javelin (600g)				
1	Scanlon, David	St. Declans Kilmacthomas	36.82	
2	Bergin, Killian	Coláiste Phobal Ros Cré	33.64	
3	Murphy, Cathal	Mercy Mount Hawk	30.93	
4	Alamu, George	Middleton CBS	27.73	
5	Crowley, Coen	St Brogans Bandon	25.23	
6	Wynman, Josh	Carrigaline C.S	23.79	
7	O'hAllmhairain, Nathan	Pobalscoil na Trionoide	18.42	
Long Jump				
1	Looney, Darragh	St Brendans Killarney	5.28	
2	Ettol, Kyle	Col an Chraoibhin	5.14	
3	Dooley, Graham	Coláiste Phobal Ros Cré	4.88	
4	Davidson, Conor	St Augustines	4.77	
5	Fitzgerald, Michael	Coláiste Phobal Ros Cré	4.75	
6	Falvey, Paddy	Tralee CBS	4.71	
7	Carmody, Sean	CBC Cork	4.66	
Pole Vault				
1	Callinan, Conor	Col an Chroi Naofa	3.70	
2	Connolly, Ben	CBS Nenagh	3.25	
3	O'Dwyer, Ronan	CBS Thurles	2.50	
4	Ademola, Alex	Col Chriost Rí	2.20	
Shot Put (4kg)				
1	Keating, Callum	Hazelwood College	14.95	
2	McCarthy, Pdraig	St Michael's Listowel	11.33	
3	McLaughlin, Mergan	Bandon Grammar School	10.82	
4	Barke, Alex	Borrisokane CC	10.12	
5	Dunphy-Jones, Reece	Waterpark College	9.60	
6	Cotter, Cillian	Charleville CBS	9.40	
7	Nwaeze, Uzo	Middleton College	8.98	
Triple Jump				
1	Williams, Favour	St Peters Passage West	10.00	
2	McCarthy, Karl	St Brendans Killarney	10.00	
3	Ambrose, Joel	St Peters Passage West	9.33	

Junior Girls

100m

(1.0m/s)

1	Jenks, Ella	Col Mhuire Buttevant	12.41
2	Rooney, Grace	St Marys Midleton	12.44
3	Scott, Ella	Christ King Cork	12.60
4	Coady, Ava	St Marys Nenagh	13.42
5	Maher, Leona	Ursuline Thurles	13.50
6	Whelan, Orelia	St Augustines	13.75

200m

(1.5m/s)

1	Jenks, Ella	Col Mhuire Buttevant	25.78
2	Rooney, Grace	St Marys Midleton	26.34
3	O'Mahony, Ciara	Regina Mundi	27.55
4	Malice, Amelie	Coláiste Muire Ennis	27.89
5	Mooney, Lisa	Borrisokane CC	28.70
6	Murphy, Eva	Pobalscoil na Trionoide	28.98

800m

1	Butler, Sarah	Laurel Hill Secondary School	2:19.80
2	Campbell, Maria	Crescent College Comp SJ	2:22.57
3	Cagney, Maria	SMI Newcastlewest	2:25.84
4	Walsh, Lydia	Glanmire Community College	2:32.83
5	Buckley, Nicole	Kinsale CS	2:37.20
6	Joyce, Erin	Pobalscoil na Trionoide	2:37.72
7	Collins, Ellen	Scoil Mhuire Ballingeary	2:40.46
8	Hanrahan, Erin	Scoil Mhuire Carrick	2:43.16

1500m

1	Millerick, Avril	St Marys Midleton	4:54.22
2	Ni Hainifein, Nessa	Gael Cholaiste an Chlar / Ennis C C	4:54.96
3	Arrigan, Hannah	Mount Mercy Cork	5:02.25
4	Cashman, Alex	Pobalscoil na Trionoide	5:12.16
5	Reidy, Shaoirse	Castleisland C C	5:53.31

1.2K Walk

1	Hurley, Odhnwa	Gaelcholaiste Mhuire AG	6:17.27
2	O'Connor, Grainne	Cashel CS	6:19.19
3	Gaffrey, Maeve	St Mary's S S Newport	6:51.52
4	Monahan, Sophie	Waterpark College	6:54.94
5	Murphy, Jess	St Angelas Cork	7:11.34
6	Kilgannon, Natasha	Pobalscoil na Trionoide	7:12.67
7	Reidy, Shaoirse	Castleisland C C	8:42.92

4x100m Relay

1	Laurel Hill Secondary School	53.85
2	Kinsale CS	54.39
3	Sacred Heart Clonakilty	54.84
4	Our Ladys Templemore	54.84
5	Loreto Fermoy	55.15

75m Hurdles (0.762m)

(1.6m/s)

1	Scott, Ella	Christ King Cork	11.13	Rec
2	O'Riordan, Lily	St Angelas Cork	12.07	
3	McCarthy, Niamh	Sacred Heart Clonakilty	12.80	
4	Kiersey, Roisin	Ard Scoil na nDeise	13.95	

Discus (0.75kg)

1	O'Shea, Aine	Mercy Mount Hawk	31.05
2	Parker, Leah	St Aloysius Carrigtwohill	27.78
3	McGrath, Nikita	Borrisokane CC	22.11
4	Backari, Uche	Ashton	21.91
5	Slevin, Sarah	Ard Scoil na nDeise	21.71
6	Fitzgerald, Clodagh	Pobalscoil na Trionoide	18.51

High Jump

1	Rochford, Ava	Rice College Ennis	1.55
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2	Crowley, Sophie	Newtown School	1.50
3	McEvoy, Ellie	St Anne's C C Killaloe	1.50
4	Lyne, Jessica	Mount Mercy Cork	1.40
5	Kilgannon, Sorcha	Pobalscoil na Trionoide	1.35
6	McCarthy, Niamh	Sacred Heart Clonakilty	1.30
7	Curtin, Aishling	Midleton College	1.30
Hammer (2.5kg)			
1	Parker, Leah	St Aloysius Carrigtwohill	42.85
2	Pacerinskaite, Katryna	Pres Mitchelstown	41.73
3	McGrath, Nikita	Borrisokane CC	38.28
4	Kelly, Julia	St. Pauls Waterford	35.10
5	Fitzgerald, Mary	St Augustines	23.84
Javelin (400g)			
1	O'Riordan, Lucy	St Angelas Cork	32.10
2	O'Riordan, Selena	Col an Phiarsaigh	31.38
3	Lyne, Jessica	Mount Mercy Cork	29.69
4	Slevin, Sarah	Ard Scoil na nDeise	24.14
5	O'Shea, Doireann	Mercy Mount Hawk	22.93
6	Moloney, Aisling	Coláiste Muire Ennis	20.39
7	Carolan, Emma	St Mary's S S Newport	18.60
8	Power, Ciara	St. Declans Kilmacthomas	16.65
9	Cashman, Alex	Pobalscoil na Trionoide	14.80
Long Jump			
1	Ugwah, Michelle	SMGS Blarney	5.22
2	O'Regan, Katie	Kinsale CS	5.07
3	Fitzgerald, Grace	St. Annes Tipp Town	4.69
4	O'Mahony, Ciara	Regina Mundi	4.43
5	Maher, Leona	Ursuline Thurles	4.26
6	Villanyi, Mia	St Augustines	4.21
Pole Vault			
1	McGrath, Jodie	St Marys Nenagh	2.50
2	Crowley, Eabha	Sacred Heart Clonakilty	2.20
3	Kenneally, K.	St Augustines	2.05
4	Pateman, Niamh	St Marys Nenagh	2.05
Shot Put (2.72kg)			
1	Pacerinskaite, Katryna	Pres Mitchelstown	12.02
2	Onoh, Brenda	Ashton	9.30
3	Carolan, Emma	St Mary's S S Newport	9.00
4	Backari, Uche	Ashton	8.96
5	Fitzgerald, Clodagh	Pobalscoil na Trionoide	8.79
6	O'Shea, Aine	Mercy Mount Hawk	8.60
7	Mooney, Lisa	Borrisokane CC	7.66
8	Hickey, Louise	Ursuline Thurles	7.45
9	Moloney, Aisling	Coláiste Muire Ennis	7.43
Triple Jump			
1	Fitzgerald, Grace	St. Annes Tipp Town	9.43
2	Fitzgerald, Lucy	St. Annes Tipp Town	8.83
3	Marry, Sophie	Bandon Grammar School	8.64
4	McKenna, Hannah	Mercy Mount Hawk	8.47
5	Amosu, Vivian	Pobalscoil na Trionoide	8.08

Minor Boys

100m

(1.4m/s)

1	Dickson, Dennis	Crescent College Comp SJ	12.00
2	Cook, Bobby	SMGS Blarney	12.06
3	Boland, Josh	Crescent College Comp SJ	12.30
4	O'Dwyer, Colin	SMGS Blarney	12.66
5	Wenegieme, Praise	Col Muire Crosshaven	12.74
6	Byrne, Brian	Cashel CS	12.97

7	Egan, Sean	CBS Nenagh	13.63
800m			
1	Kennedy, Dara	St Mary's S S Newport	2:07.33
2	Harrington, Fionn	Col Pobail Bantry	2:11.93
3	O'Connor, Eoghan	Rochestown College	2:13.12
4	Lawton, Sean	Col Pobail Bantry	2:15.57
5	Moylan, Michael	Nenagh College	2:18.43
6	Lineen, Sam	St. Declans Kilmacthomas	2:24.33
7	Ryan, Jimmy	CBS Thurles	2:31.88
4x100m Relay			
1	Crescent College Comp SJ		49.85
2	SMGS Blarney		49.97
3	Bandon Grammar School		54.64
75m Hurdles (0.762m)			
(2.6m/s)			
1	Boland, Josh	Crescent College Comp SJ	11.70
2	O'Reilly, Max	Carrigaline C.S	12.14
3	Byrne, Brian	Cashel CS	13.27
4	Carroll, Dylan	CBS Nenagh	13.32
5	Plaku, Kennedy	Davis College	13.57
6	Gilmartin, Naoise	Abbey CC	14.43
Long Jump			
1	O'Brien, Yeshuah	St Anne's C C Killaloe	5.40
2	O'Reilly, Max	Carrigaline C.S	5.08
3	Ybanez, Ryne	Mercy Mount Hawk	4.80
4	Orji, Tyrik	De La Salle College Waterford	4.11
5	O'Callaghan, Rory	Bandon Grammar School	3.85
Shot Put (3kg)			
1	Feeney, Cian	Gaelcholaiste Mhuire AG	10.52
2	Wenegieme, Praise	Col Muire Crosshaven	10.39
3	Scleiman, Joshua	Ashton	9.16
4	Horgan, David	St Augustines	8.80
5	Stephens, Ryan	Gaelcholáiste Phort Láirge	7.10

Minor Girls

100m			
(1.9m/s)			
1	Amiadamen, Victoria	Castletroy College	12.75
2	Ahern, Mellisa	St Brigids Killarney	13.01
3	DeC ourcy, Sophie	Regina Mundi	13.12
4	McCabe, Keisha	Our Ladys Templemore	13.33
5	McGrath, Chloe	Regina Mundi	13.72
6	Lonergan, Ava	Ursuline Waterford	14.12
800m			
1	Dinan, Nicole	St Angelas Cork	2:16.00 Rec
2	Hynes-McLaughlin, Maire	Col an Phiarsaigh	2:18.30
3	O'Boyle, Holly	St Flannans	2:22.78
4	Power, Aine	St Angelas Cork	2:28.80
5	Bolger, Ellen	Scoil Mhuire Carrick	2:36.41
6	Chizhhikova, Angelina	St Augustines	2:39.03
7	Kilgannon, Sorcha	Pobalscoil na Trionoide	2:43.41
4x100m Relay			
1	Regina Mundi		54.28
2	St. Declans Kilmacthomas		55.37
3	Mercy Mount Hawk		55.39
4	Scoil Mhuire Carrick		55.47
5	St Angelas Cork		57.59
6	St Aloysius Carrigtwohill		1:00.39
75m Hurdles (0.762m)			
(2.4m/s)			

1	Backar, Okwu	Ashton	11.89
2	O'Sullivan, Orla	Regina Mundi	12.51
3	O'Shea, Aoife	Scoil Mhuire Carrick	12.64
4	McGrath, Chloe	Regina Mundi	12.65
5	Ezekannagha, Aisling	Coláiste Chiarain	12.80
6	Davidson, Emily	Ursuline Thurles	13.04
7	Lonergan, Ava	Ursuline Waterford	13.09
8	McLysaght, Lia	Mercy Mount Hawk	14.95
Long Jump			
1	Backar, Okwu	Ashton	4.79
2	Amiadamen, Victoria	Castletroy College	4.72
3	Davidson, Emily	Ursuline Thurles	4.68
4	O'Shea, Aoife	Scoil Mhuire Carrick	4.57
5	O'Sullivan, Orla	Regina Mundi	4.36
6	Foley, Rachel	Abbey CC	4.28
7	Rahilly, Roisin	Mercy Mount Hawk	4.02
8	Healy, Lucie	Regina Mundi	3.99
Shot Put (2.72kg)			
1	Rochford, Ava	Rice College Ennis	10.71
2	Baptiste, Kate-Jean	Pres Ballypnehane	8.11
3	Finn, Catriona	St Marys Nenagh	7.90
4	Chamber, Ella	St Brogans Bandon	7.60
5	McEvoy, Sarah	St Anne's C C Killaloe	7.60
6	McEvoy, Ellie	St Anne's C C Killaloe	7.41
7	McCarthy, Ciardha	Sacred Heart Clonakilty	6.10