

Results Munster Schools Cross Country Championship at Tramore Valley Park 14th February 2025

Minor Girls 2000m

| Pos | Athlete | School | Time |
|-----|------------------------------|------------------------------------|-------|
| 1 | Chloe MCCARTHY | St Aloysius Carrigtwohill | 08:45 |
| 2 | Nicole GRIFFIN | St Flannans Ennis | 09:04 |
| 3 | Emily QUINN | St Flannans Ennis | 09:05 |
| 4 | Neasa MOLONEY | St Ailbe's School | 09:05 |
| 5 | Francesca MAHER | Newtown School | 09:09 |
| 6 | Saoirse NI FHLOINN | Ennis CC / Gaelcholaiste an Chláir | 09:10 |
| 7 | Emma JOHNSON | Scoil Mhuire Cork | 09:14 |
| 8 | Rowen CAHILL | St John Bosco CC Kildysart | 09:14 |
| 9 | Hannah COFFEY | St Angelas Cork | 09:18 |
| 10 | Alison BRENNAN | Colaiste Muire Cobh | 09:20 |
| 11 | Eibhlin NIBHRIAIN | Colaiste Ghobnatan | 09:23 |
| 12 | Sive HOARE | Christ King Cork | 09:24 |
| 13 | Robyn O'REILLY | Ursuline Convent Thurles | 09:24 |
| 14 | Aoife O'ROURKE | St Flannans Ennis | 09:24 |
| 15 | Cliona HURLEY | Loreto Fermoy | 09:27 |
| 16 | Lucy LEE O'DONNELL | Presentation Waterford | 09:27 |
| 17 | Mary Jane CASEY | St Aloysius Carrigtwohill | 09:32 |
| 18 | Grace FENNELLY | Ursuline Convent Thurles | 09:33 |
| 19 | Siofra MOLONEY | St Angela's Waterford | 09:34 |
| 20 | Isabelle O'SULLIVAN | Scoil Mhuire gan Smal Blarney | 09:37 |
| 21 | Sadhbh GEARY | St Flannans Ennis | 09:38 |
| 22 | Rachel NEVILLE | St Marys Macroom | 09:39 |
| 23 | Chloe TALTY | St John Bosco CC Kildysart | 09:45 |
| 24 | Ava COLEMAN | St Angelas Cork | 09:51 |
| 25 | Cait BARRY | Mount Mercy Cork | 09:52 |
| 26 | Alicia PHILLIPS | St Angelas Cork | 09:55 |
| 27 | Ciara KIELY | Colaiste Treasa Kanturk | 09:55 |
| 28 | Cara MOLLOY | Ursuline Convent Thurles | 09:56 |
| 29 | Olivia LYNCH | Ursuline Convent Thurles | 09:59 |
| 30 | Éabha NÍ DHÚLAINN | Gaelcholaiste Chiarrai | 10:00 |
| 31 | Aoibheann O'CARROLL HENNIGAN | Castletroy College | 10:01 |
| 32 | Saoirse KINSELLA | Pobalscoil na Tríonóide Youghal | 10:02 |
| 33 | Aerin TABB | St Angela's Waterford | 10:06 |
| 34 | Mia O'RIORDAN | St Flannans Ennis | 10:07 |
| 35 | Cliona WALDRON | Mount Mercy Cork | 10:08 |
| 36 | Niamh COLLINS | Loreto Fermoy | 10:09 |
| 37 | Grace HIGGINS | Loreto Fermoy | 10:15 |
| 38 | Hollie NÍ DHRISCEOIL | Gaelcholaiste Chiarrai | 10:16 |
| 39 | Louise FINN | Loreto Fermoy | 10:17 |
| 40 | Kayla KENNEDY | St John Bosco CC Kildysart | 10:19 |
| 41 | Maya FITZGERALD | Ennistymon CS | 10:24 |
| 42 | Hannah MCCARTY | Colaiste Muire Ennis | 10:25 |
| 43 | Muireann CASEY | Ursuline Convent Thurles | 10:29 |
| 44 | Aoibhinn O'MAHONY | Mount Mercy Cork | 10:41 |
| 45 | Aifric MOCKLER | Ursuline Convent Thurles | 10:42 |
| 46 | Aoife HUTCHINSON | Loreto Fermoy | 10:44 |
| 47 | Jessica MERRIGAN | St Aloysius Carrigtwohill | 10:46 |
| 48 | Rachel HANRAHAN | St John Bosco CC Kildysart | 10:52 |
| 49 | Ella VAUGHAN | Ardscoil na Mara Tramore | 10:55 |
| 50 | Anna BRETT | Ardscoil na Mara Tramore | 10:55 |
| 51 | Ciara LYNN | Mungret CC | 10:58 |
| 52 | Roisin MAHER | Ursuline Convent Thurles | 11:22 |
| 53 | Laura KENNEDY | St John Bosco CC Kildysart | 11:27 |
| 54 | Peggy MURPHY | St Angela's Waterford | 11:58 |
| 55 | Zara HEFFERNAN | Mount Mercy Cork | 12:05 |

Minor Girls Teams

| Pos | School | Pts |
|-----|-----------------------------------|-----|
| 1 | St Flannans Ennis | 19 |
| | Nicole GRIFFIN | 2 |
| | Emily QUINN | 3 |
| | Aoife O'ROURKE | 14 |
| | Sadhbh GEARY | 21 |
| | Mia O'RIORDAN | 34 |
| 2 | St Angelas Cork | 59 |
| | Hannah COFFEY | 9 |
| | Ava COLEMAN | 24 |
| | Alicia PHILLIPS | 26 |
| 3 | Ursuline Convent Thurles | 59 |
| | Robyn O'REILLY | 13 |
| | Grace FENNELLY | 18 |
| | Cara MOLLOY | 28 |
| | Olivia LYNCH | 29 |
| | Muireann CASEY | 43 |
| | Aifric MOCKLER | 45 |
| | Roisin MAHER | 52 |
| 4 | St Aloysius Carrigtwohill | 65 |
| | Chloe MCCARTHY | 1 |
| | Mary Jane CASEY | 17 |
| | Jessica MERRIGAN | 47 |
| | Catherine YOUNG | 56 |
| | Lucy BANKS | 57 |
| 5 | St John Bosco CC Kildysart | 71 |
| | Rowen CAHILL | 8 |
| | Chloe TALTY | 23 |
| | Kayla KENNEDY | 40 |
| | Rachel HANRAHAN | 48 |
| | Laura KENNEDY | 53 |
| 6 | Loreto Fermoy | 88 |
| | Cliona HURLEY | 15 |
| | Niamh COLLINS | 36 |
| | Grace HIGGINS | 37 |
| | Louise FINN | 39 |
| | Aoife HUTCHINSON | 46 |
| | Sive BARRETT | 61 |
| 7 | Mount Mercy Cork | 104 |
| | Cait BARRY | 25 |
| | Cliona WALDRON | 35 |
| | Aoibhinn O'MAHONY | 44 |
| | Zara HEFFERNAN | 55 |
| 8 | St Angela's Waterford | 106 |
| | Siofra MOLONEY | 19 |
| | Aerin TABB | 33 |
| | Peggy MURPHY | 54 |
| 9 | Mungret CC | 168 |
| | Ciara LYNN | 51 |
| | Sophie FRAWLEY | 58 |
| | Ella IGBINOMWANHIA | 59 |
| | Olivia TOBIN | 60 |

| | | | |
|----|--------------------|---------------------------|----------|
| 56 | Catherine YOUNG | St Aloysius Carrigtwohill | 12:38 |
| 57 | Lucy BANKS | St Aloysius Carrigtwohill | 12:42 |
| 58 | Sophie FRAWLEY | Mungret CC | 13:05 |
| 59 | Ella IGBINOMWANHIA | Mungret CC | 13:05 |
| 60 | Olivia TOBIN | Mungret CC | 13:18 |
| 61 | Sive BARRETT | Loreto Fermoy | 14:57 |
| 62 | Ava COMERFORD | St Michaels CC Kilmihil | 01:10:51 |

Minor Boys 2500m

| Pos | Athlete | School | Time |
|-----|-------------------------|-------------------------------------|-------|
| 1 | Glen HUGHES | St Caimins CS Shannon | 09:17 |
| 2 | Conor MARTIN | Scariff CC | 09:23 |
| 3 | Ruairí Ó CONCHÚIR | Gaelcholaiste Chiarrai | 09:33 |
| 4 | Joey BELL | Carrigtwohill CC | 09:37 |
| 5 | Dylan KEANE | St Caimins CS Shannon | 09:41 |
| 6 | Eoghan FOLEY | Bandon Grammar | 09:48 |
| 7 | Ben STOREY | Gaelcholáiste Phort Láirge | 09:49 |
| 8 | Jack MCSWEENEY | Midleton CBS | 09:51 |
| 9 | Eamon Og MCELLIGOT | Mercy Mount Hawk Tralee | 09:52 |
| 10 | Michael Joseph O'CONNOR | Scoil Mhuire gan Smal Blarney | 09:55 |
| 11 | Thomas O'SULLIVAN | Scoil Phobail Sliabh Luachra | 09:56 |
| 12 | Christopher MILLS | Thurles CBS | 09:57 |
| 13 | Eoin FITZGERALD | Colaiste na Sceilge | 09:59 |
| 14 | Conor GRAHAM | PBC Cork | 10:01 |
| 15 | Fiachra O' SLATARA | CBS The Green Tralee | 10:06 |
| 16 | Colum POWER | St Declan's Community College | 10:07 |
| 17 | Michael BARRY | St Flannans Ennis | 10:09 |
| 18 | Jack BARRETT | St Flannans Ennis | 10:12 |
| 19 | Richard MELBOURNE | Newtown School | 10:16 |
| 20 | Sean QUILL | St Brendans Killarney | 10:19 |
| 21 | Donnacha O'MAHONY | Ballincollig Community School | 10:19 |
| 22 | Hayden SCADDING | Newtown School | 10:23 |
| 23 | Oisín MCCARTHY | De La Salle Macroom | 10:24 |
| 24 | Liam PHELAN | St Declan's Community College | 10:24 |
| 25 | Fionn MCGUIRE | Rice College Ennis | 10:26 |
| 26 | Darragh SHEEDY | St Caimins CS Shannon | 10:26 |
| 27 | Adam CASEY | St Declan's Community College | 10:27 |
| 28 | Gearoid TROY | St Josephs Community College Kilkee | 10:28 |
| 29 | Tomas LEAHY | Abbey School Tipp Town | 10:29 |
| 30 | Adam AHERN | Douglas CS | 10:32 |
| 31 | Iarlaith MALEADY | Rice College Ennis | 10:33 |
| 32 | Ryan MOORE | Carrigtwohill CC | 10:35 |
| 33 | Cathal HENNESSY | Abbey School Tipp Town | 10:41 |
| 34 | Peter KEANE | Coachford College | 10:43 |
| 35 | Darragh MCCARTHY | St Brendans Killarney | 10:44 |
| 36 | Kyle HARTE | Mungret CC | 10:50 |
| 37 | Conor TWOHIG | Scoil Mhuire gan Smal Blarney | 10:54 |
| 38 | Isaac CUNNANE | De La Salle Macroom | 10:55 |
| 39 | Olan DEVEREUX | CBS Dungarvan | 10:56 |
| 40 | Jon GUERENABARRENA | PBC Cork | 10:59 |
| 41 | Micheal MULLINS | PBC Cork | 11:03 |
| 42 | Michael BARRY | PBC Cork | 11:06 |
| 43 | Oscar HICKEYGRACE | De La Salle Macroom | 11:13 |
| 44 | Caimin HEFFERNAN | Scariff CC | 11:16 |
| 45 | Conor BROSNAN | St Brendans Killarney | 11:18 |
| 46 | Sean MACSULLIVAN | De La Salle Macroom | 11:18 |
| 47 | Jack GLEESON | St Brendans Killarney | 11:19 |
| 48 | Niall POWER | St Declan's Community College | 11:22 |
| 49 | Brian LLOYD | De La Salle Macroom | 11:23 |
| 50 | Dillon COOKE WHELAN | St Declan's Community College | 11:24 |

Minor Boys Teams

| Pos | School | Pts |
|-----|--------------------------------------|-----|
| 1 | St Caimins CS Shannon | 87 |
| | Glen HUGHES | 1 |
| | Dylan KEANE | 5 |
| | Darragh SHEEDY | 26 |
| | Jack MONAGHAN | 55 |
| | Blake CORBETT | 67 |
| 2 | St Declan's Community College | 115 |
| | Colum POWER | 16 |
| | Liam PHELAN | 24 |
| | Adam CASEY | 27 |
| | Niall POWER | 48 |
| | Dillon COOKE WHELAN | 50 |
| | Patrick VEALE | 65 |
| | Liam COUNIHAN | 80 |
| 3 | PBC Cork | 137 |
| | Conor GRAHAM | 14 |
| | Jon GUERENABARRENA | 40 |
| | Micheal MULLINS | 41 |
| | Michael BARRY | 42 |
| | Michael DILLON | 81 |
| | Ethan O'CONNELL | 83 |
| 4 | St Brendans Killarney | 147 |
| | Sean QUILL | 20 |
| | Darragh MCCARTHY | 35 |
| | Conor BROSNAN | 45 |
| | Jack GLEESON | 47 |
| | Darragh O'DONOGHUE | 51 |
| | Cian WHITTY | 60 |
| 5 | De La Salle Macroom | 150 |
| | Oisín MCCARTHY | 23 |
| | Isaac CUNNANE | 38 |
| | Oscar HICKEYGRACE | 43 |
| | Sean MACSULLIVAN | 46 |
| | Brian LLOYD | 49 |
| | Darragh MCNULTY | 56 |
| | Nathan BUCKLEY | 74 |
| | Matthew DUNTON | 77 |
| 6 | Scariff CC | 166 |
| | Conor MARTIN | 2 |
| | Caimin HEFFERNAN | 44 |
| | Phillip HOGAN | 58 |
| | Cillian HOWARD | 62 |
| | Donnacha HAYES | 66 |
| | Sean O HALLORAN | 73 |
| 7 | Abbey School Tipp Town | 173 |
| | Tomas LEAHY | 29 |
| | Cathal HENNESSY | 33 |
| | Odhran RYAN | 54 |
| | Jack MARNANE | 57 |
| | Conor O'MEARA | 68 |

| | | | |
|----|--------------------|-------------------------------|-------|
| 51 | Darragh O'DONOGHUE | St Brendans Killarney | 11:25 |
| 52 | Danny O'SULLIVAN | Ardscoil na Mara Tramore | 11:27 |
| 53 | James HUNLY | Ardscoil na Mara Tramore | 11:29 |
| 54 | Odhran RYAN | Abbey School Tipp Town | 11:30 |
| 55 | Jack MONAGHAN | St Caimins CS Shannon | 11:30 |
| 56 | Darragh MCNULTY | De La Salle Macrooom | 11:41 |
| 57 | Jack MARNANE | Abbey School Tipp Town | 11:43 |
| 58 | Phillip HOGAN | Scariff CC | 11:48 |
| 59 | Shane REDMOND | Ardscoil na Mara Tramore | 11:49 |
| 60 | Cian WHITTY | St Brendans Killarney | 11:50 |
| 61 | Tadgh O'FARRELL | Ardscoil na Mara Tramore | 11:50 |
| 62 | Cillian HOWARD | Scariff CC | 11:50 |
| 63 | Austin FLAVIN | Ardscoil na Mara Tramore | 11:54 |
| 64 | John POWER | Ardscoil na Mara Tramore | 11:58 |
| 65 | Patrick VEALE | St Declan's Community College | 12:00 |
| 66 | Donnacha HAYES | Scariff CC | 12:00 |
| 67 | Blake CORBETT | St Caimins CS Shannon | 12:02 |
| 68 | Conor O'MEARA | Abbey School Tipp Town | 12:05 |
| 69 | Aaron SHEEHAN | Carrigtwohill CC | 12:08 |
| 70 | Joe FENNELL | St Flannans Ennis | 12:09 |
| 71 | Liam WALSH | Newtown School | 12:17 |
| 72 | Dylan FARREL | Newtown School | 12:23 |
| 73 | Sean O HALLORAN | Scariff CC | 12:26 |
| 74 | Nathan BUCKLEY | De La Salle Macrooom | 12:27 |
| 75 | Sam COLLINS | Carrigtwohill CC | 12:31 |
| 76 | Michael MCGRATH | Abbey School Tipp Town | 12:34 |
| 77 | Matthew DUNTON | De La Salle Macrooom | 12:37 |
| 78 | Jay LYONS | Ardscoil na Mara Tramore | 12:38 |
| 79 | Cian O'CONNELL | Abbey School Tipp Town | 12:41 |
| 80 | Liam COUNIHAN | St Declan's Community College | 12:57 |
| 81 | Michael DILLON | PBC Cork | 13:06 |
| 82 | Mathew DOLAN | Ardscoil na Mara Tramore | 13:12 |
| 83 | Ethan O'CONNELL | PBC Cork | 14:12 |
| 84 | Andy QUINLAN | Abbey School Tipp Town | 14:28 |
| 85 | Paddy REIDY | St Flannans Ennis | 14:59 |

| | | |
|----|---------------------------------|-----|
| | Michael MCGRATH | 76 |
| | Cian O'CONNELL | 79 |
| | Andy QUINLAN | 84 |
| 8 | Carrigtwohill CC | 180 |
| | Joey BELL | 4 |
| | Ryan MOORE | 32 |
| | Aaron SHEEHAN | 69 |
| | Sam COLLINS | 75 |
| 9 | Newtown School | 184 |
| | Richard MELBOURNE | 19 |
| | Hayden SCADDING | 22 |
| | Liam WALSH | 71 |
| | Dylan FARREL | 72 |
| 10 | St Flannans Ennis | 190 |
| | Michael BARRY | 17 |
| | Jack BARRETT | 18 |
| | Joe FENNELL | 70 |
| | Paddy REIDY | 85 |
| 11 | Ardscoil na Mara Tramore | 229 |
| | Danny O'SULLIVAN | 52 |
| | James HUNLY | 53 |
| | Tadgh O'FARRELL | 61 |
| | Austin FLAVIN | 63 |
| | John POWER | 64 |
| | Jay LYONS | 78 |
| | Mathew DOLAN | 82 |

Junior Girls 2500m

| Pos | Athlete | School | Time |
|-----|--------------------|--------------------------------|-------|
| 1 | Nellie BATEMAN | Mount Mercy Cork | 10:00 |
| 2 | Saoirse FERGUSON | St Angela's Waterford | 10:01 |
| 3 | Aoibhinn DONNELLY | St John Bosco CC Kildysart | 10:08 |
| 4 | Siun NICCRAITH | Colaiste an Phiarsaigh | 10:09 |
| 5 | Anna CREAGH | St Angelas Cork | 10:12 |
| 6 | Lucy O'SULLIVAN | Millstreet Community School | 10:19 |
| 7 | Aoife HARTE | Sacred Heart Clonakilty | 10:27 |
| 8 | Aine DESMOND | Newtown School | 10:37 |
| 9 | Ciara MOORE | Intermediate School Killorglin | 10:43 |
| 10 | Aisling KELLY | Colaiste Muire Ennis | 10:46 |
| 11 | Tiyaa COUGLAN | Castletroy College | 10:48 |
| 12 | Orla PAMPLIN | Ursuline Convent Thurles | 10:52 |
| 13 | Katie MURRAY | St Marys Macrooom | 10:52 |
| 14 | Clara VAUGHAN | St Flannans Ennis | 10:53 |
| 15 | Orla FERGUSON | St Angela's Waterford | 10:53 |
| 16 | Sophie O'CALLAGHAN | St Angelas Cork | 11:00 |
| 17 | Sarah MCGEE | St John Bosco CC Kildysart | 11:05 |
| 18 | Lara O'BRIENLEAHY | Intermediate School Killorglin | 11:05 |
| 19 | Harriet MOLLOY | St Angela's Waterford | 11:06 |
| 20 | Molly MORONEY | St Caimins CS Shannon | 11:07 |
| 21 | Muireann BREEN | Pobalscoil Inbhear Sceine | 11:07 |
| 22 | Alice O'CONNOR | Pobalscoil Inbhear Sceine | 11:10 |

Junior Girls Teams

| Pos | School | Pts |
|-----|-----------------------------------|-----|
| 1 | St Angela's Waterford | 36 |
| | Saoirse FERGUSON | 2 |
| | Orla FERGUSON | 15 |
| | Harriet MOLLOY | 19 |
| | Lainey WALSH | 32 |
| | Faye MURPHY | 50 |
| 2 | St John Bosco CC Kildysart | 48 |
| | Aoibhinn DONNELLY | 3 |
| | Sarah MCGEE | 17 |
| | Anna DONNELLY | 28 |
| 3 | Pobalscoil Inbhear Sceine | 67 |
| | Muireann BREEN | 21 |
| | Alice O'CONNOR | 22 |
| | Rebecca JONES | 24 |
| | Saoirse HUSSEY | 66 |
| 4 | Colaiste Muire Ennis | 75 |
| | Aisling KELLY | 10 |
| | Willow BRACE | 23 |
| | Kara LYNCH | 42 |
| | Ella JOHNSTON | 46 |
| | Aoibhinn HENCHY | 61 |
| 5 | Ardscoil na Mara Tramore | 82 |

| | | | |
|----|-------------------|----------------------------|-------|
| 23 | Willow BRACE | Colaiste Muire Ennis | 11:12 |
| 24 | Rebecca JONES | Pobalscoil Inbhear Sceine | 11:15 |
| 25 | Aoibhinn BYRNE | Ardscoil na Mara Tramore | 11:16 |
| 26 | Ruth O'LEARY | Ardscoil na Mara Tramore | 11:20 |
| 27 | Hannah COONEY | Coachford College | 11:23 |
| 28 | Anna DONNELLY | St John Bosco CC Kildysart | 11:23 |
| 29 | Saoire FLYNN | Christ King Cork | 11:27 |
| 30 | Megan O'REGAN | Sacred Heart Clonakilty | 11:30 |
| 31 | Millie BRETT | Ardscoil na Mara Tramore | 11:33 |
| 32 | Lainey WALSH | St Angela's Waterford | 11:35 |
| 33 | Ellen O'KEEFE | Loreto Fermoy | 11:36 |
| 34 | Sophie O'TOOLE | Presentation Thurles | 11:37 |
| 35 | Róisín MCMAHON | Kilrush CS | 11:41 |
| 36 | Erika NAUGHTON | Ardscoil na Mara Tramore | 11:54 |
| 37 | Suín CUNNINGHAM | St Augustine's College | 11:56 |
| 38 | Lucy RAICEVIC | St Augustine's College | 11:56 |
| 39 | Lara BRYNE | Loreto Fermoy | 11:58 |
| 40 | Katie BUTLER | Presentation Thurles | 12:00 |
| 41 | Emily HICK | St Flannans Ennis | 12:03 |
| 42 | Kara LYNCH | Colaiste Muire Ennis | 12:04 |
| 43 | LilyMae HEALY | Mount Mercy Cork | 12:06 |
| 44 | Tara HANRAHAN | St Mary's Nenagh | 12:20 |
| 45 | Brooke POWER | Ardscoil na Mara Tramore | 12:30 |
| 46 | Ella JOHNSTON | Colaiste Muire Ennis | 12:31 |
| 47 | Amelia SCULLY | Mount Mercy Cork | 12:33 |
| 48 | Elizabeth SEXTON | Mount Mercy Cork | 12:38 |
| 49 | Annamai MULLANE | Ardscoil na Mara Tramore | 12:42 |
| 50 | Faye MURPHY | St Angela's Waterford | 12:43 |
| 51 | Roisin O'CARROLL | Mount Mercy Cork | 12:45 |
| 52 | Erika DORGAN | Loreto Fermoy | 12:47 |
| 53 | Millie KEARNEY | Ursuline Convent Thurles | 12:49 |
| 54 | Charlotte PURCELL | Loreto Fermoy | 12:53 |
| 55 | Kate COLLINS | Sacred Heart Clonakilty | 12:58 |
| 56 | Aoibhinn RICE | Sacred Heart Clonakilty | 12:58 |
| 57 | Ava RYAN | St Augustine's College | 13:06 |
| 58 | Katie WESTON | Mount Mercy Cork | 13:10 |
| 59 | Ava KIELY | St Augustine's College | 13:14 |
| 60 | Ella MAHER | Ursuline Convent Thurles | 13:22 |
| 61 | Aoibhinn HENCHY | Colaiste Muire Ennis | 13:25 |
| 62 | Cara DALY | Sacred Heart Clonakilty | 13:26 |
| 63 | Ciara LONG | Sacred Heart Clonakilty | 13:28 |
| 64 | lauren SHEEHAN | Ursuline Convent Thurles | 13:34 |
| 65 | Aoife KENNEDY | Loreto Fermoy | 13:59 |
| 66 | Saoirse HUSSEY | Pobalscoil Inbhear Sceine | 14:04 |
| 67 | Ella FORRISTAL | Sacred Heart Clonakilty | 14:28 |
| 68 | Kate MURPHY | Ursuline Convent Thurles | 14:28 |
| 69 | Aoife WALSH | Sacred Heart Clonakilty | 14:41 |
| 70 | Aoife WALSH | Mount Mercy Cork | 14:55 |
| 71 | Phoebe RYAN | Ursuline Convent Thurles | 15:37 |
| 72 | Emma O'REGAN | Mount Mercy Cork | 15:56 |
| 73 | Ciara KENNEDY | Loreto Fermoy | 18:24 |

| | | |
|----|---------------------------------|-----|
| | Aoibhinn BYRNE | 25 |
| | Ruth O'LEARY | 26 |
| | Millie BRETT | 31 |
| | Erika NAUGHTON | 36 |
| | Brooke POWER | 45 |
| | Annamai MULLANE | 49 |
| 6 | Mount Mercy Cork | 91 |
| | Nellie BATEMAN | 1 |
| | LilyMae HEALY | 43 |
| | Amelia SCULLY | 47 |
| | Elizabeth SEXTON | 48 |
| | Roisin O'CARROLL | 51 |
| | Katie WESTON | 58 |
| | Aoife WALSH | 70 |
| | Emma O'REGAN | 72 |
| 7 | Sacred Heart Clonakilty | 92 |
| | Aoife HARTE | 7 |
| | Megan O'REGAN | 30 |
| | Kate COLLINS | 55 |
| | Aoibhinn RICE | 56 |
| | Cara DALY | 62 |
| | Ciara LONG | 63 |
| | Ella FORRISTAL | 67 |
| | Aoife WALSH | 69 |
| 8 | Loreto Fermoy | 124 |
| | Ellen O'KEEFE | 33 |
| | Lara BRYNE | 39 |
| | Erika DORGAN | 52 |
| | Charlotte PURCELL | 54 |
| | Aoife KENNEDY | 65 |
| | Ciara KENNEDY | 73 |
| 9 | Ursuline Convent Thurles | 125 |
| | Orla PAMPLIN | 12 |
| | Millie KEARNEY | 53 |
| | Ella MAHER | 60 |
| | lauren SHEEHAN | 64 |
| | Kate MURPHY | 68 |
| | Phoebe RYAN | 71 |
| 10 | St Augustine's College | 132 |
| | Suín CUNNINGHAM | 37 |
| | Lucy RAICEVIC | 38 |
| | Ava RYAN | 57 |
| | Ava KIELY | 59 |

Junior Boys 3500m

| Pos | Athlete | School | Time |
|-----|-----------------|-------------------------|-------|
| 1 | Darragh WHELAN | Castletroy College | 12:47 |
| 2 | Cathal O'ROURKE | St Flannans Ennis | 13:31 |
| 3 | Euan WOLFE | PBC Cork | 13:31 |
| 4 | Eoghan LOONEY | PBC Cork | 13:39 |
| 5 | Albert MAHER | Cashel Community School | 13:42 |
| 6 | Ryan VICKERS | St Brendans Killarney | 13:47 |

Junior Boys Teams

| Pos | School | Pts |
|-----|-------------------|-----|
| 1 | PBC Cork | 46 |
| | Euan WOLFE | 3 |
| | Eoghan LOONEY | 4 |
| | Fionn BREATHNEACH | 18 |
| | Harry LEDWITH | 21 |
| | Max O'SHEA | 33 |

| | | | |
|----|--------------------|--|-------|
| 7 | Liam CARROLL | Colaiste Mhuire Co-Ed Thurles | 13:49 |
| 8 | Senan HORAN | Kinsale CS | 13:59 |
| 9 | Sean O'CONNELL | St Francis College Rochestown | 14:02 |
| 10 | Luke WALSH | St Declan's Community College | 14:02 |
| 11 | Liam HORSTMANSHOFF | Colaiste Pobail Bheantraí | 14:03 |
| 12 | Aodh MACAINDRIU | Scoil Mhuire Beal A'tha'n Ghaorthaidh | 14:03 |
| 13 | Gabriel PARISH | Waterpark College | 14:04 |
| 14 | Jack FORDE | Carrigtwohill CC | 14:08 |
| 15 | Lewis MORGAN | Abbey Community College | 14:09 |
| 16 | William MCNALLY | CBS Dungarvan | 14:10 |
| 17 | Tom CROWLEY | Kinsale CS | 14:16 |
| 18 | Fionn BREATHNEACH | PBC Cork | 14:26 |
| 19 | Shane WINTERS | Kinsale CS | 14:29 |
| 20 | Liam LYNCH | Midleton CBS | 14:29 |
| 21 | Harry LEDWITH | PBC Cork | 14:34 |
| 22 | Kenneth O'CONNELL | St Colmans College Fermoy | 14:37 |
| 23 | Jonah QUINN | St Flannans Ennis | 14:41 |
| 24 | Tony HENNESSY | Midleton CBS | 14:42 |
| 25 | Oscar CUNNINGHAM | Blackwater Community School | 14:46 |
| 26 | Tadhg RUTAR | Ennistymon CS | 14:49 |
| 27 | Andrew WALSH | St Declan's Community College | 14:54 |
| 28 | Oran O'DONNELL | Kinsale CS | 14:57 |
| 29 | Conall KINGSTON | Kinsale CS | 15:04 |
| 30 | Danny MCGUINNESS | Our Ladys Templemore | 15:07 |
| 31 | Dylan MAGORRIAN | Colaiste an Chraoibhin | 15:10 |
| 32 | Dylan O'SHEA | De La Salle Macrooom | 15:12 |
| 33 | Max O'SHEA | PBC Cork | 15:15 |
| 34 | Matthew NESTOR | Salesian Secondary College Pallaskenry | 15:21 |
| 35 | Rory O'SULLIVAN | De La Salle Macrooom | 15:34 |
| 36 | Tadhg CORRIGAN | Colaiste Treasa Kanturk | 15:36 |
| 37 | Sean CREMIN | St Declan's Community College | 15:38 |
| 38 | Philip DOYLE | CBS The Green Tralee | 15:42 |
| 39 | Jack THREADGOLD | Ardcoil na Mara Tramore | 15:45 |
| 40 | Sean COLEMAN | Salesian Secondary College Pallaskenry | 15:48 |
| 41 | Tom HARRINGTON | Kinsale CS | 15:48 |
| 42 | Oisin MURRAY | Midleton CBS | 15:52 |
| 43 | David BRADLEY | De La Salle Macrooom | 15:53 |
| 44 | David TWOMEY | De La Salle Macrooom | 15:55 |
| 45 | Jamie PARKER | CBS The Green Tralee | 15:56 |
| 46 | Cormac HARTY | Salesian Secondary College Pallaskenry | 16:01 |
| 47 | Declan PIERCE | CBS The Green Tralee | 16:10 |
| 48 | Rory CAREY | St Declan's Community College | 16:13 |
| 49 | Paul CASEY | De La Salle College | 16:14 |
| 50 | Gearoid PUTT | Salesian Secondary College Pallaskenry | 16:15 |
| 51 | Tadhg FLYNN | De La Salle Macrooom | 16:18 |
| 52 | Luke MOYNIHAN | Kinsale CS | 16:20 |
| 53 | Stephen ENRIGHT | CBS The Green Tralee | 16:30 |
| 54 | Adam O' DRISCOLL | Salesian Secondary College Pallaskenry | 16:35 |
| 55 | Tomas MCMAHON | Salesian Secondary College Pallaskenry | 16:37 |
| 56 | Dylan BLACKETT | Ardcoil na Mara Tramore | 16:38 |
| 57 | Padraig CHAPLIN | St Caimins CS Shannon | 16:38 |
| 58 | Daithi LANE | PBC Cork | 16:41 |
| 59 | Alex BARRY | Glenstal Abbey School | 16:41 |
| 60 | Ronan KIRWAN | St Declan's Community College | 16:49 |
| 61 | Thomas KIRWAN | St Declan's Community College | 16:53 |
| 62 | Precieux MALONGA | Desmond College Newcastlewest | 16:56 |
| 63 | Conor CASEY | Midleton CBS | 17:08 |
| 64 | Conor REIDY | CBS The Green Tralee | 17:09 |
| 65 | Gary PARKER | CBS The Green Tralee | 17:17 |
| 66 | Jude CULLEN | Salesian Secondary College Pallaskenry | 17:21 |
| 67 | Austin BARRETT | Desmond College Newcastlewest | 17:23 |

| | | |
|---|---|-----|
| | Daithi LANE | 58 |
| | Charlie O'BRIEN | 82 |
| 2 | Kinsale CS | 72 |
| | Senan HORAN | 8 |
| | Tom CROWLEY | 17 |
| | Shane WINTERS | 19 |
| | Oran O'DONNELL | 28 |
| | Conall KINGSTON | 29 |
| | Tom HARRINGTON | 41 |
| | Luke MOYNIHAN | 52 |
| | Conor WHITEHEAD | 75 |
| 3 | St Declan's Community College | 122 |
| | Luke WALSH | 10 |
| | Andrew WALSH | 27 |
| | Sean CREMIN | 37 |
| | Rory CAREY | 48 |
| | Ronan KIRWAN | 60 |
| | Thomas KIRWAN | 61 |
| | Tom BEHAN | 79 |
| | Mathew MASTERSON | 81 |
| 4 | Midleton CBS | 149 |
| | Liam LYNCH | 20 |
| | Tony HENNESSY | 24 |
| | Oisin MURRAY | 42 |
| | Conor CASEY | 63 |
| | Killian CREMIN | 78 |
| | Cathal LOWNEY | 84 |
| 5 | De La Salle Macrooom | 154 |
| | Dylan O'SHEA | 32 |
| | Rory O'SULLIVAN | 35 |
| | David BRADLEY | 43 |
| | David TWOMEY | 44 |
| | Tadhg FLYNN | 51 |
| | Darragh CREED | 85 |
| 6 | Salesian Secondary College Pallaskenry | 170 |
| | Matthew NESTOR | 34 |
| | Sean COLEMAN | 40 |
| | Cormac HARTY | 46 |
| | Gearoid PUTT | 50 |
| | Adam O' DRISCOLL | 54 |
| | Tomas MCMAHON | 55 |
| | Jude CULLEN | 66 |
| | Eoin MULCAHY | 74 |
| 7 | CBS The Green Tralee | 183 |
| | Philip DOYLE | 38 |
| | Jamie PARKER | 45 |
| | Declan PIERCE | 47 |
| | Stephen ENRIGHT | 53 |
| | Conor REIDY | 64 |
| | Gary PARKER | 65 |
| 8 | Ardcoil na Mara Tramore | 238 |
| | Jack THREADGOLD | 39 |
| | Dylan BLACKETT | 56 |
| | James BROPHY | 71 |
| | Sean BAGNELL | 72 |
| | Liam MORRISEY | 83 |
| 9 | Desmond College Newcastlewest | 270 |
| | Precieux MALONGA | 62 |
| | Austin BARRETT | 67 |
| | Cathal SHEEHAN | 68 |
| | Dovydas VENCKUNAS | 73 |

| | | | |
|----|-------------------|--|-------|
| 68 | Cathal SHEEHAN | Desmond College Newcastlewest | 17:23 |
| 69 | Dylan MURPHY | De La Salle College | 17:31 |
| 70 | Joe FENTON | CBS Dungarvan | 17:32 |
| 71 | James BROPHY | Ardscoil na Mara Tramore | 17:33 |
| 72 | Sean BAGNELL | Ardscoil na Mara Tramore | 17:35 |
| 73 | Dovydas VENCKUNAS | Desmond College Newcastlewest | 17:39 |
| 74 | Eoin MULCAHY | Salesian Secondary College Pallaskenry | 17:41 |
| 75 | Conor WHITEHEAD | Kinsale CS | 17:59 |
| 76 | Thomas HAPRUR | De La Salle College | 18:03 |
| 77 | Loic BAKOUBAYIA | Desmond College Newcastlewest | 18:13 |
| 78 | Killian CREMIN | Midleton CBS | 18:16 |
| 79 | Tom BEHAN | St Declan's Community College | 18:22 |
| 80 | Daniel KIELY | CBS Dungarvan | 18:22 |
| 81 | Mathew MASTERSON | St Declan's Community College | 18:23 |
| 82 | Charlie O'BRIEN | PBC Cork | 18:24 |
| 83 | Liam MORRISEY | Ardscoil na Mara Tramore | 18:28 |
| 84 | Cathal LOWNEY | Midleton CBS | 18:32 |
| 85 | Darragh CREED | De La Salle Macroom | 18:52 |

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| Loic BAKOUBAYIA | 77 |
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Intermediate Girls 3000m

| Pos | Athlete | School | Time |
|-----|-----------------------|-------------------------------------|-------|
| 1 | Ellen GOGGIN | Crescent College Comprehensive SJ | 11:16 |
| 2 | Sophie MAHER | St Flannans Ennis | 11:28 |
| 3 | Ciara ROHAN | Waterpark College | 11:37 |
| 4 | Rachel O'FLYNN | Loreto Fermoy | 11:45 |
| 5 | Chloe Ann O'CALLAGHAN | Schull CC | 11:49 |
| 6 | Emma FLYNN | Colaiste Treasa Kanturk | 11:54 |
| 7 | Abby STEPHENSON | Presentation SS Tralee | 11:55 |
| 8 | Ella Grace OSBORNE | Laurel Hill Colaiste | 11:57 |
| 9 | Ella DINAN | St Angelas Cork | 12:01 |
| 10 | Aoibheann LYNCH | Mount Mercy Cork | 12:03 |
| 11 | Kirsten KENNY | St Brigids Killarney | 12:04 |
| 12 | Charlotte NORMAN | Blackwater Community School | 12:06 |
| 13 | Lauren DINAN | St Angelas Cork | 12:08 |
| 14 | Robyn RYAN | St Marys High School Midleton | 12:14 |
| 15 | Eleanor KIERNAN | Ursuline Convent Thurles | 12:18 |
| 16 | Emilie MCELVANEY | Loreto Fermoy | 12:19 |
| 17 | Siobhan HEALY | Colaiste Muire Ennis | 12:21 |
| 18 | Aimee MACMAHON | Villiers School Limerick | 12:32 |
| 19 | Caoimhe O'REAGAN | St Brogans Bandon | 12:32 |
| 20 | Sinead ROBERTSON | St Josephs Community College Kilkee | 12:39 |
| 21 | Caoimhe SLEVIN | Ursuline Convent Thurles | 12:41 |
| 22 | Eva BRESNIHAN | Cork Educate Together | 12:43 |
| 23 | Sophie WOLFE | Regina Mundi Cork | 12:48 |
| 24 | Ella HEALY | Ennistymon CS | 12:53 |
| 25 | Holly O'HAGAN | Regina Mundi Cork | 12:55 |
| 26 | Niamh O'BRIEN | St Angelas Cork | 12:59 |
| 27 | Avril Ní DHÚGHAILL | Gaelcholaiste Chiarrai | 13:02 |
| 28 | Alice MEEGAN | Loreto Clonmel | 13:07 |
| 29 | Meabh O'CONNOR | Loreto Fermoy | 13:09 |
| 30 | Eadaoin DUFFY | Loreto Clonmel | 13:11 |
| 31 | Kate DELANEY | Presentation Thurles | 13:23 |
| 32 | Siobhan NIBHRIAIN | Colaiste Ghobnatan | 13:24 |
| 33 | Shauna DEEVY | Ard Scoil na nDeise | 13:25 |
| 34 | Siobhan O MAHONY | Presentation SS Tralee | 13:26 |
| 35 | Maedbh LONERGAN | Ursuline Convent Thurles | 13:32 |
| 36 | Julia REIRA GARCIA | St Flannans Ennis | 13:39 |
| 37 | Caoimhe MCNAMARA | Colaiste Muire Ennis | 13:49 |
| 38 | Lena NISHEASNAIN | Colaiste an Phiarsaigh | 13:49 |
| 39 | Megan LYNCH | Colaiste Muire Ennis | 13:54 |

Intermediate Girls Team

| Pos | School | Pts |
|-----|---------------------------------|-----|
| 1 | St Angelas Cork | 48 |
| | Ella DINAN | 9 |
| | Lauren DINAN | 13 |
| | Niamh O'BRIEN | 26 |
| 2 | Loreto Fermoy | 49 |
| | Rachel O'FLYNN | 4 |
| | Emilie MCELVANEY | 16 |
| | Meabh O'CONNOR | 29 |
| | Amy O'CONNELL | 50 |
| 3 | Ursuline Convent Thurles | 71 |
| | Eleanor KIERNAN | 15 |
| | Caoimhe SLEVIN | 21 |
| | Maedbh LONERGAN | 35 |
| | Eadaoinn CARROL | 47 |
| 4 | Regina Mundi Cork | 92 |
| | Sophie WOLFE | 23 |
| | Holly O'HAGAN | 25 |
| | Hannah HUNT | 44 |
| 5 | Colaiste Muire Ennis | 93 |
| | Siobhan HEALY | 17 |
| | Caoimhe MCNAMARA | 37 |
| | Megan LYNCH | 39 |
| | Sarah CROWE | 45 |
| 6 | Loreto Clonmel | 104 |
| | Alice MEEGAN | 28 |
| | Eadaoin DUFFY | 30 |
| | Sophie FENTON | 46 |
| | Moya O DONNELL | 51 |
| 7 | St Angela's Waterford | 126 |
| | Lauren FAGAN | 41 |
| | Eimear CAMPBELL | 42 |
| | Roisin CLEARY | 43 |
| | Louisa CULLEN | 48 |
| | Cassandra ABULLO | 49 |

| | | | |
|----|-------------------|--------------------------|-------|
| 40 | Caoimhlinn DUGGAN | St Brogans Bandon | 13:57 |
| 41 | Lauren FAGAN | St Angela's Waterford | 14:00 |
| 42 | Eimear CAMPBELL | St Angela's Waterford | 14:42 |
| 43 | Roisin CLEARY | St Angela's Waterford | 14:59 |
| 44 | Hannah HUNT | Regina Mundi Cork | 15:04 |
| 45 | Sarah CROWE | Colaiste Muire Ennis | 15:24 |
| 46 | Sophie FENTON | Loreto Clonmel | 15:33 |
| 47 | Eadaoinn CARROL | Ursuline Convent Thurles | 15:44 |
| 48 | Louisa CULLEN | St Angela's Waterford | 16:21 |
| 49 | Cassandra ABULLO | St Angela's Waterford | 16:42 |
| 50 | Amy O'CONNELL | Loreto Fermoy | 16:55 |
| 51 | Moya O DONNELL | Loreto Clonmel | 17:39 |

Intermediate Boys 5000m

| Pos | Athlete | School | Time |
|-----|--------------------|---------------------------------|-------|
| 1 | Andrew HINDS | PBC Cork | 17:38 |
| 2 | Finn YORE | De La Salle Macroom | 17:40 |
| 3 | Ben O'REILLY | Douglas CS | 18:26 |
| 4 | Ruby DEVEREUX | Pobalscoil na Tríonóide Youghal | 18:34 |
| 5 | Luke MERRIGAN | Glanmire CC | 18:35 |
| 6 | Senan LYNCH | Coachford College | 18:50 |
| 7 | Conor LOONEY | PBC Cork | 18:56 |
| 8 | Daithi O'LEARY | St Flannans Ennis | 18:58 |
| 9 | Cian MANNING | Colaiste an Spioraid Naomh | 19:01 |
| 10 | Jack CASEY | St Declan's Community College | 19:04 |
| 11 | John COAKLEY | St Brogans Bandon | 19:05 |
| 12 | Isaac VICKERS | St Brendans Killarney | 19:05 |
| 13 | Noah COMMINS | St Augustine's College | 19:09 |
| 14 | Fionn HAYES | Colaiste an Chraoibhin | 19:09 |
| 15 | Jack Ó COILEÁIN | Gaelcholaiste Chiarrai | 19:11 |
| 16 | Iain BUCKLEY | Colaiste Treasa Kanturk | 19:13 |
| 17 | Thomas KIELY | Colaiste Treasa Kanturk | 19:15 |
| 18 | Stephen O'HARA | Newtown School | 19:29 |
| 19 | Conor MCCARTHY | CBS The Green Tralee | 19:42 |
| 20 | Billy Ó NEACHTÁIN | Gaelcholaiste Chiarrai | 19:48 |
| 21 | Cormac SHEEHAN | Douglas CS | 19:53 |
| 22 | Jack CULLOTY | St Brendans Killarney | 19:56 |
| 23 | Brendan O'LEARY | De La Salle Macroom | 20:03 |
| 24 | Kai GRIFFITH | De La Salle College | 20:12 |
| 25 | Shane O DONABHÁIN | Gaelcholaiste Chiarrai | 20:25 |
| 26 | Joey COTTER | Douglas CS | 20:27 |
| 27 | Mieszko KALINOWSKI | Douglas CS | 20:30 |
| 28 | Liam NEVILLE | De La Salle Macroom | 20:32 |
| 29 | Evan AYLWARRD | Abbey Community College | 20:39 |
| 30 | John FARRELL | Castletroy College | 20:41 |
| 31 | Luke FARRELL | St Flannans Ennis | 20:41 |
| 32 | Gearoid POWER | St Declan's Community College | 20:45 |
| 33 | Samuel SCROOPE | St Brendans Killarney | 20:49 |
| 34 | Paul KELLY | PBC Cork | 20:54 |
| 35 | Patrick MULLANE | St Brendans Killarney | 21:05 |
| 36 | Tom KELLY | PBC Cork | 21:08 |
| 37 | Sean COLLINS | St Brendans Killarney | 21:10 |
| 38 | Sam LEAVY | De La Salle Macroom | 21:11 |
| 39 | James O'REGAN | PBC Cork | 21:11 |
| 40 | Charlie KELLY | CBS Dungarvan | 21:22 |
| 41 | Joshua HEALY | Douglas CS | 21:26 |
| 42 | Andrew BUCK | De La Salle College | 21:26 |
| 43 | Rory MCELROY | De La Salle Macroom | 21:28 |
| 44 | Conor MINOGUE | PBC Cork | 21:31 |
| 45 | Hugh MURPHY | De La Salle College | 21:37 |

Intermediate Boys Team

| Pos | School | Pts |
|-----|------------------------------|-----|
| 1 | Douglas CS | 77 |
| | Ben O'REILLY | 3 |
| | Cormac SHEEHAN | 21 |
| | Joey COTTER | 26 |
| | Mieszko KALINOWSKI | 27 |
| | Joshua HEALY | 41 |
| | Oran POWER | 46 |
| | Conor HUGHES | 60 |
| | Seoirse NORRIS | 61 |
| 2 | PBC Cork | 78 |
| | Andrew HINDS | 1 |
| | Conor LOONEY | 7 |
| | Paul KELLY | 34 |
| | Tom KELLY | 36 |
| | James O'REGAN | 39 |
| | Conor MINOGUE | 44 |
| | Sean O'FLATERTY | 53 |
| | Jack CROWLEY | 58 |
| 3 | De La Salle Macroom | 91 |
| | Finn YORE | 2 |
| | Brendan O'LEARY | 23 |
| | Liam NEVILLE | 28 |
| | Sam LEAVY | 38 |
| | Rory MCELROY | 43 |
| | Eoin HEALY | 47 |
| | Darragh MANNING | 49 |
| | Eoin HOLLAND | 55 |
| 4 | St Brendans Killarney | 102 |
| | Isaac VICKERS | 12 |
| | Jack CULLOTY | 22 |
| | Samuel SCROOPE | 33 |
| | Patrick MULLANE | 35 |
| | Sean COLLINS | 37 |
| | Aaron O'CONNOR | 62 |
| | Ivan O'SHEA | 66 |
| 5 | St Flannans Ennis | 146 |
| | Daithi O'LEARY | 8 |
| | Luke FARRELL | 31 |
| | Adam DOYLE | 50 |
| | Conor HARAN | 57 |
| | Ryan KELLY | 59 |
| 6 | De La Salle College | 162 |
| | Kai GRIFFITH | 24 |
| | Andrew BUCK | 42 |
| | Hugh MURPHY | 45 |

| | | | |
|----|---------------------|-----------------------------|----------|
| 46 | Oran POWER | Douglas CS | 21:43 |
| 47 | Eoin HEALY | De La Salle Macroom | 21:50 |
| 48 | Ray HORGAN | CBS The Green Tralee | 21:51 |
| 49 | Darragh MANNING | De La Salle Macroom | 21:56 |
| 50 | Adam DOYLE | St Flannans Ennis | 21:58 |
| 51 | Finn O'NEILL | De La Salle College | 22:03 |
| 52 | Finn MURPHY | CBS The Green Tralee | 22:17 |
| 53 | Sean O'FLATERTY | PBC Cork | 22:19 |
| 54 | Ryan WHELAN | Blackwater Community School | 22:23 |
| 55 | Eoin HOLLAND | De La Salle Macroom | 22:29 |
| 56 | Oran COMERFORD | St Michaels CC Kilmihil | 22:37 |
| 57 | Conor HARAN | St Flannans Ennis | 22:46 |
| 58 | Jack CROWLEY | PBC Cork | 23:29 |
| 59 | Ryan KELLY | St Flannans Ennis | 23:30 |
| 60 | Conor HUGHES | Douglas CS | 23:41 |
| 61 | Seoirse NORRIS | Douglas CS | 23:47 |
| 62 | Aaron O'CONNOR | St Brendans Killarney | 24:31:00 |
| 63 | Devin RYAN | CBS Dungarvan | 24:33:00 |
| 64 | Jose SARDON USAN | CBS Dungarvan | 24:50:00 |
| 65 | Matusz CIKMAZOV | CBS The Green Tralee | 25:05:00 |
| 66 | Ivan O'SHEA | St Brendans Killarney | 25:53:00 |
| 67 | Przemyslaw CICHECKI | Nenagh CBS | 27:44:00 |
| 68 | Louis O'CARROLL | St Augustine's College | 27:48:00 |

| | | |
|---|-----------------------------|-----|
| | Finn O'NEILL | 51 |
| 7 | CBS The Green Tralee | 184 |
| | Conor MCCARTHY | 19 |
| | Ray HORGAN | 48 |
| | Finn MURPHY | 52 |
| | Matusz CIKMAZOV | 65 |

Senior Girls 3000m

| Pos | Athlete | School | Time |
|-----|---------------------------|-------------------------------|-------|
| 1 | Saoirse TWOMEY | St Marys Macroom | 11:39 |
| 2 | Caoimhe FLANNERY | Skibbereen Community School | 11:44 |
| 3 | Eve DUNPHY | Abbey Community College | 11:48 |
| 4 | Méabh NÍ CHONCHÚIR | Gaelcholaiste Chiarrai | 11:54 |
| 5 | Alana SPILLANE | Ursuline Convent Thurles | 11:57 |
| 6 | Maria MURNANE | Pobalscoil Inbhear Sceine | 11:59 |
| 7 | Grace O'MEARA | St Brigids Killarney | 12:05 |
| 8 | Fia DE PAOR | St Augustine's College | 12:14 |
| 9 | Eanna DUFF | Coachford College | 12:17 |
| 10 | Katie HENNESSY | St Aloysius Carrigtwohill | 12:20 |
| 11 | Olive O'FLYNN | Sacred Heart Clonakilty | 12:25 |
| 12 | Grace RYNNE | Colaiste Muire Ennis | 12:27 |
| 13 | Faye O'RIORDAN | St Angelas Cork | 12:31 |
| 14 | Charlotte CARPENDALE | Abbey Community College | 12:32 |
| 15 | Ava CHANDER | St Aloysius Carrigtwohill | 12:34 |
| 16 | Caoimhe FITZGERALDCAROLAN | St Aloysius Carrigtwohill | 12:39 |
| 17 | Elsa RYAN | St Marys High School Midleton | 12:42 |
| 18 | Orla MURRAY | Regina Mundi Cork | 12:59 |
| 19 | Anna TOWNS | Colaiste Pobail Bheantraí | 13:05 |
| 20 | Emily CRONIN | St Marys Macroom | 13:13 |
| 21 | Aisling O'LEARY | St Aloysius Carrigtwohill | 13:14 |
| 22 | Laura MOORE | Loreto Fermoy | 13:15 |
| 23 | Keelin DUGGAN | Abbey Community College | 13:17 |
| 24 | Caoimhe BARRY | Abbey Community College | 13:19 |
| 25 | Rebecca O'NEILL | St Marys Macroom | 13:26 |
| 26 | Grainne MOORE | St Augustine's College | 13:55 |
| 27 | Sarah O'RIORDAN | St Augustine's College | 14:02 |
| 28 | Robyn FLETCHER | Newtown School | 14:14 |
| 29 | Kate LEMON | Newtown School | 14:35 |
| 30 | Ayla O'CONNELL | Sacred Heart Clonakilty | 14:50 |
| 31 | Fern MULLANE | St Marys Macroom | 14:50 |
| 32 | Aisling O'KELLY | Mungret CC | 14:56 |
| 33 | Jill MCCARTHY | Sacred Heart Clonakilty | 15:25 |
| 34 | Gloria MARKAM | St Caimins CS Shannon | 15:29 |

Senior Girls Teams

| Pos | School | Pts |
|-----|----------------------------------|-----|
| 1 | Abbey Community College | 40 |
| | Eve DUNPHY | 3 |
| | Charlotte CARPENDALE | 14 |
| | Keelin DUGGAN | 23 |
| | Caoimhe BARRY | 24 |
| 2 | St Aloysius Carrigtwohill | 41 |
| | Katie HENNESSY | 10 |
| | Ava CHANDER | 15 |
| | Caoimhe FITZGERALDCAROLAN | 16 |
| | Aisling O'LEARY | 21 |
| 3 | St Marys Macroom | 46 |
| | Saoirse TWOMEY | 1 |
| | Emily CRONIN | 20 |
| | Rebecca O'NEILL | 25 |
| | Fern MULLANE | 31 |
| 4 | St Augustine's College | 61 |
| | Fia DE PAOR | 8 |
| | Grainne MOORE | 26 |
| | Sarah O'RIORDAN | 27 |
| 5 | Sacred Heart Clonakilty | 74 |
| | Olive O'FLYNN | 11 |
| | Ayla O'CONNELL | 30 |
| | Jill MCCARTHY | 33 |
| 6 | Newtown School | 94 |
| | Robyn FLETCHER | 28 |
| | Kate LEMON | 29 |
| | Emily DEACON | 37 |
| 7 | Mungret CC | 105 |
| | Aisling O'KELLY | 32 |
| | Alice O'DWYER | 35 |
| | Doireann O'CONNOR | 38 |
| | Katie KEOGH | 39 |
| | Princess UGWUAGBO | 41 |
| | Ella FRANCE | 43 |

| | | | |
|----|-------------------|-----------------------|-------|
| 35 | Alice O'DWYER | Mungret CC | 16:00 |
| 36 | Zuzanna RAPALSKA | St Caimins CS Shannon | 16:23 |
| 37 | Emily DEACON | Newtown School | 16:47 |
| 38 | Doireann O'CONNOR | Mungret CC | 17:05 |
| 39 | Katie KEOGH | Mungret CC | 17:08 |
| 40 | Clodagh HAYES | Loreto Fermoy | 17:25 |
| 41 | Princess UGWUAGBO | Mungret CC | 18:25 |
| 42 | Hannah NUNES | St Caimins CS Shannon | 18:29 |
| 43 | Ella FRANCE | Mungret CC | 20:04 |
| 44 | Ellen FLYNN | St Caimins CS Shannon | 21:26 |

| | | |
|---|------------------------------|-----|
| 8 | St Caimins CS Shannon | 112 |
| | Gloria MARKAM | 34 |
| | Zuzanna RAPALSKA | 36 |
| | Hannah NUNES | 42 |
| | Ellen FLYNN | 44 |

Senior Boys 6000m

| Pos | Athlete | School | Time |
|-----|---------------------|---------------------------------------|----------|
| 1 | Diarmuid MOLONY | Nenagh CBS | 00:20:04 |
| 2 | Naoise MACMURCHADHA | Meánscoil San Nioclás | 00:20:32 |
| 3 | Finnian O'LACHTNAIN | Scoil Mhuire Beal A'tha'n Ghaorthaidh | 00:20:51 |
| 4 | Daniel DOLLARD | Hamilton High School | 00:21:09 |
| 5 | Aidan MAHER | St Colmans College Fermoy | 00:21:18 |
| 6 | Alan MCCUTCHEON | Crescent College Comprehensive SJ | 00:21:30 |
| 7 | Ben WALSH | Nenagh CBS | 00:22:06 |
| 8 | James DILLON | St Michaels Listowel | 00:22:06 |
| 9 | KarlJames O'NEILL | St Brendans Killarney | 00:22:23 |
| 10 | Simon FARRELL | St Flannans Ennis | 00:22:28 |
| 11 | Alex COUGHLAN | Mt St Michael Rosscarbery | 00:22:33 |
| 12 | Ronan SMYTH | Waterpark College | 00:22:41 |
| 13 | Iarlaith MCELROY | Rice College Ennis | 00:22:49 |
| 14 | Kevin LOONEY | St Brendans Killarney | 00:22:52 |
| 15 | John BUCKLEY | CBC Cork | 00:22:58 |
| 16 | Oisín MACPIARAI | Gaelcholaiste Charraig Ui Leighin | 00:23:06 |
| 17 | Tiarnan O'DONOGHUE | De La Salle Macroom | 00:23:19 |
| 18 | Peter HAWKINS | Bruce College Cork | 00:23:31 |
| 19 | Darragh WINSLOW | Carrigaline CS | 00:23:46 |
| 20 | Michael JONES | Pobalscoil Inbhear Sceine | 00:23:56 |
| 21 | Ryan O'DONOVAN | Glanmire CC | 00:24:01 |
| 22 | Jack DILLEEN | St Flannans Ennis | 00:24:08 |
| 23 | Cillian CLONEY | St Declan's Community College | 00:24:16 |
| 24 | Cian FORDE | St Brendans Killarney | 00:24:26 |
| 25 | Caleb WALSH | Rice College Ennis | 00:24:42 |
| 26 | Harvey PARISH | Waterpark College | 00:24:48 |
| 27 | Eoghan FORDE | Glanmire CC | 00:24:54 |
| 28 | Caolan JOHNSTON | Waterpark College | 00:25:01 |
| 29 | Conor COAKLEY | Pobalscoil Inbhear Sceine | 00:25:08 |
| 30 | Owen WILLIAMS | Glanmire CC | 00:25:28 |
| 31 | Patrick GALVIN | Abbey Community College | 00:25:31 |
| 32 | Ben O' HALLORAN | Rice College Ennis | 00:25:47 |
| 33 | Leo JOHNSON | Rice College Ennis | 00:25:56 |
| 34 | Harry BOLGER | St Brendans Killarney | 00:26:10 |
| 35 | Nicky KELLY | Waterpark College | 00:26:24 |
| 36 | Brian LYNN | Mungret CC | 00:26:29 |
| 37 | Dan LYNCH | Mungret CC | 00:26:31 |
| 38 | Cormac BRENNAN | Cashel Community School | 00:26:35 |
| 39 | Eoghan BRESLIN | St Flannans Ennis | 00:26:54 |
| 40 | David CAHILL | Rice College Ennis | 00:26:59 |
| 41 | Cian RYAN | Glanmire CC | 00:27:04 |
| 42 | David NALLY | Glanmire CC | 00:27:49 |
| 43 | Ruari COAKLEY | Pobalscoil Inbhear Sceine | 00:28:01 |
| 44 | Chris O' CONNOR | Mungret CC | 00:28:03 |
| 45 | Michael O'NEILL | Waterpark College | 00:29:06 |
| 46 | Cole COLVILLE | Cashel Community School | 00:29:19 |
| 47 | Paul CARMODY | Mungret CC | 00:30:09 |

Senior Boys Teams

| Pos | School | Pts |
|-----|------------------------------|-----|
| 1 | St Brendans Killarney | 81 |
| | KarlJames O'NEILL | 9 |
| | Kevin LOONEY | 14 |
| | Cian FORDE | 24 |
| | Harry BOLGER | 34 |
| 2 | Waterpark College | 101 |
| | Ronan SMYTH | 12 |
| | Harvey PARISH | 26 |
| | Caolan JOHNSTON | 28 |
| | Nicky KELLY | 35 |
| | Michael O'NEILL | 45 |
| 3 | Rice College Ennis | 103 |
| | Iarlaith MCELROY | 13 |
| | Caleb WALSH | 25 |
| | Ben O' HALLORAN | 32 |
| | Leo JOHNSON | 33 |
| | David CAHILL | 40 |
| 4 | Glanmire CC | 119 |
| | Ryan O'DONOVAN | 21 |
| | Eoghan FORDE | 27 |
| | Owen WILLIAMS | 30 |
| | Cian RYAN | 41 |
| | David NALLY | 42 |
| 5 | Mungret CC | 164 |
| | Brian LYNN | 36 |
| | Dan LYNCH | 37 |
| | Chris O' CONNOR | 44 |
| | Paul CARMODY | 47 |
| | Eoin MURPHY | 48 |
| | Marcel JELAGIN | 49 |

| | | | |
|----|----------------|------------|----------|
| 48 | Eoin MURPHY | Mungret CC | 00:30:09 |
| 49 | Marcel JELAGIN | Mungret CC | 00:32:07 |